

**Canadian Federation of University Women – Parksville / Qualicum**



**Our Theme this year:**

**Moving Forward: Seeking Solutions**

**March 2016**

**President: Perry Perry (250-752-5947)**

**Vice Presidents: Sheila Reed (250-954-2226), Jacqueline Russell (250-954-1868)**

**Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <http://www.cfuwpq.ca/>**

**March General Meeting: March 14, 2016 at the QB Civic Centre, 7PM**

**Greeters: Vivien Sears and Gail Smith**

**Refreshments: c/o Perry Perry**

*To volunteer to bring refreshments to the April meeting, please contact Camille Lawson.*

*To volunteer as a greeter, please contact Marjorie Allen.*

**Program: An Environmental Film: Spoil: The Great Bear Rain Forest ... One Coast ... One Chance**

February 2016: Good News .. 85% of the Forest has been protected. (from Eva Hilborn)

**What To Look For:**

**President's Message**

**Upcoming Events: International Womens' Day, Our 35<sup>th</sup> anniversary celebration, "Our Lives in Colour" presentation, 8th Fire – future event and report, "Climate Change and Society"**

**Ongoing Activities: Global Outreach report, Out and About, Scholarship recipient news, book club reports, quote of the month**

**Past Events: Bellydancing**

**Poster for upcoming event (for distribution far and wide)**



## President's Message

March – that time of the year when we are gearing up for sun, warmth, blossoms and ... the conferences of three organizations very important to our life in CFUW PQ: CFUW BC Council, CFUW National, and GWI. CFUW and GWI (IFUW) have been advocating for advancement of education for women and girls, human rights, peace and security for nearly 100 years. Let's do everything we can to make those three conferences celebrations of all that has been achieved and occasions for moving forward together.

During March individual CFUW clubs across Canada will be considering serious issues between CFUW and GWI around governance, finance, measures for effectiveness and affiliate participation in decision making, issues that threaten to divide but, if solved, could help all of us do what we do to even greater effect. Please visit the CFUW Members Resource website (Governance/Articles and Bylaws), the CFUW Victoria website (News) and the CFUW PQ President's email to you on February 19 containing documents from GWI. Consider these and forward your comments and questions to Joan George, Sheila Reed, or Maureen Wood, the working group formed by the CFUW PQ Executive to make recommendations to you regarding how proceed on this matter.

Now it is time to thank each of you for all you are doing to help move CFUW PQ forward: to Maureen Wood (with Sheila Reed and Eva Hilborn) for making sure we celebrate our new members in style at the New Member's Tea February 21; to Linda Fullalove and Val Gunn, Eva Hilborn and Bonnie Stableford for speaking with the QB History and Museum Society members so movingly about the history of CFUW/IFUW and the reasons for their membership in CFUW PQ; to Robin Robinson, Eva Hilborn, Irene Champagne and the Program Committee for bringing *8<sup>th</sup> Fire* to us and to the community; to Robin, Chief Michael Recalma and Qualicum First Nation for bringing *8<sup>th</sup> Fire* to their neighbourhood on February 29; to Wendy Reimer, the Knox United Church Spring Lecture series and Irina Guenther for helping us develop a display for International Women's Day: *Education: Opening the Door to a New Life*; to Betty Price and the Environment Committee for organizing a presentation on *Climate Change and Society* by VIU ACER students on March 23; to VIU ElderCollege for inviting us to collaborate with it in the presentation April 10 *Our Lives in Colour* by Dr Penny Le Couteur, Chemistry professor and STEM advocate; and finally to Barbara Bond for putting together this newsletter every month with such flair and accuracy.

This long list is only the beginning! Our theme this year is "Moving Forward" and each of you is playing such an important role in making that happen.

With appreciation,  
Perry

## INTERNATIONAL WOMEN'S DAY 2016

Tuesday, March 8 – 11 to 2

Education: Opening the Door to a New Life – an exhibition

CFUW PQ will mark International Women's Day 2016 with an exhibition *Education: Opening the Door to a New Life*. This coordinates with the March 8 program in the Knox United Church Spring Lecture Series in Parksville. That program is titled *Education: Opening the Door to a New Home in Canada*. Speakers that day will include VIU student Hamdi Aweys who spoke to our club a year ago. Also speaking will be VIU faculty member Dr. Suzanne de la Barre and VIU student Jessyca Iidi (Brazil), co-chair with Hamdi of VIU WUSC.

The CFUW PQ exhibit will feature posters and information about our club's Scholarship and Bursary Trust Program and Global Outreach support for girl's education in developing countries, the CFUW (national) Fellowship Program and IFUW/GWI's educational programs and fellowships. In addition, information will be available about STEM and the April 10 VIU Elder College and CFUW PQ presentation *Our Lives in Colour* with Dr. Penny Le Couteur, chemistry professor and author of *Napoleon's Buttons: 17 Molecules that Changed History*.

Many thanks once again to Knox United Church Spring Lecture Series for including CFUW PQ's exhibit on March 8. If you are able to volunteer some time to help set up or host on that day, please let Perry know.

## **CFUW PQ celebrates 35 Years!**

Sunday, May 29, afternoon

Deep Bay Marine Field Station

A gala event is being planned. Details will be announced soon – so please mark your calendars now. High Tea? Music? Drama? Picture Shows? Guests from the Past? Fun and fellowship! More details coming soon.

Thanks to Mary Ellen Campbell and Caroline Redl for stepping forward to lead this effort. If you would like to join in the planning, please contact Mary Ellen – email is best!

## **Our Lives in Colour**

Dr. Penny Le Couteur, PhD Chemistry

Sunday, April 10, 2 PM – Admission \$10 at the door

Qualicum Beach Civic Centre

Dr. Penny Le Couteur is an outstanding communicator who makes science accessible and entertaining. She is also a strong proponent for women in STEM, a cause close to the hearts of CFUW members. In fact, she is a past president of the Canadian Federation of Women in Science and Technology, an organization that has been very helpful during the 1990's to CFUW PQ's Girls in Science and other related initiatives.

People in all cultures throughout history have delighted in colour, been amazed by colour, used colour to identify, categorize and define ... Invite your family, friends and neighbours to find out the science of why, while having a very enjoyable afternoon of learning. Any of you who have read Dr. Le Couteur's book *Napoleon's Buttons: 17 Molecules that Changed History* will know already, from first hand experience, the entertaining pleasure it can be to acquire vitally important scientific information.

VIU Elder College and CFUW PQ are collaborating to present this event, which we intend will be a very successful first joint venture. We will be visiting secondary schools before Spring Break with information, posters and an invitation for secondary students to attend free. Refreshments and informal discussion with Dr Le Couteur follow the presentation. See you there!

(Contributed by Perry Perry. See the vivid poster on the last page!)

## **The 8th Fire Continues and Grows**

The next presentation:

To be held in the Community Hall on the Qualicum First Nation Reservation

Come and meet some Qualicum First Nation people as well as  
other members of RDN Area H community

Note: The apricot bread we serve is delicious!

Feb. 29, 2016

6 – 8 pm

Address: 5850 River Road

Drive up Island until just before the Big Qualicum River Bridge:  
turn left into the Reservation then turn right at end of road.

For carpooling contact Robin at 250-752-1548

### **Report of February 4, 2016 8th Fire presentation**

We had a **most** successful evening at St. Columba Church. Almost 20 of us gathered to watch several 5 minute vignettes created by various film makers from across Canada. Chief Michael Recalma of the Qualicum First Nation and Rosie McLeod-Shannon, District 69 Principal of First Nations Education joined us.

The topics ranged from teenage suicides on the Pikangikum Reservation in Northern Ontario (58 suicides between 2001 & 2009!), to the history and meaning of the Wampum Belt Treaties that were signed with the intent of “peace, friendship and good minds” connecting indigenous and non-indigenous hands together; these are treaties that still stand today. They were intended to last “as long as the grass grows, the rivers flow and the sun gives light.”

In another vignette we learned the legend and meaning of the 8th Fire; an internal fire of peace and good will found within people who are willing to reach out to each other across cultural boundaries and as Wab Kinew says “Now is the time”.

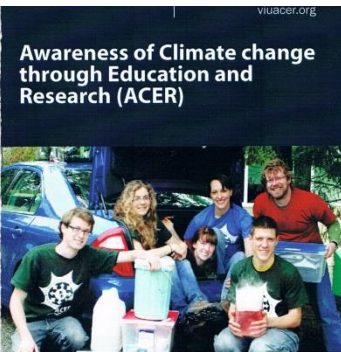
We also saw a most moving 'Red Dress Art Installation' in the magnificent Manitoba Legislative Building in Winnipeg. Each beautiful and different empty scarlet red dress hung in the vast spaces of the building represented a missing or murdered indigenous woman. Quite stunning.

The evening's participants were led by Irene Champagne. She is a compassionate, pragmatic and knowledgeable person willing to extend herself to help others to understand and to speak up. After tea and (the wonderful) apricot bread we formed our chairs into a circle and had an excellent conversation/comment session. People left feeling they **had** reached out and learned from each other.

Submitted by Robin Robinson  
Phone 250-752-1548

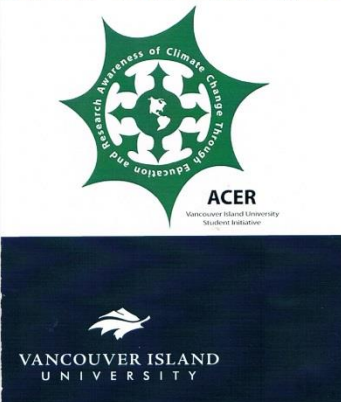
**It is Leap Year – do something special!  
Join us on February 29, 2016**

**CLIMATE CHANGE and SOCIETY**  
WED, MAR 23, 2 PM AT THE MAC IN PARKSVILLE



The CFUW PQ Environment Committee invites you, your friends and neighbours to attend an open meeting on Climate Change and Society. Presenters will be VIU students who are members of the research group ACER (Awareness of Climate Change Through Education and Research). This is a major project for which NSERC funding was awarded. Maybe you have seen ACER's informative and striking posters at our September and October meetings: Sea Level Rise, Greenhouse Effect, and Albedo (don't know what that is?...come and find out!)

The meeting will be informative, to the point, and open for questions. Wherever ACER students have presented, they have wowed their audience with accessible, well-illustrated presentations. For information, please contact Betty Price.



(Contributed by Betty Price, for the Environment Committee.)

## Global Outreach Research/Report

Fulfilling a long-standing promise, the Global Outreach committee reports, as below.

Graduate Women International (formerly IFUW) has 12 or 13 programs, Bina Roy being one of them. We had a look at each of them. Out of the complete list we have briefly described three.

1. Bina Roy Partners in Development: Grants are awarded to GWI national federations from developing countries on a competitive basis. Currently there are only two listed: Nigeria and Sierra Leone.
  - a. Nigeria – to enable illiterate women to gain business skills to make their activities financially viable.
  - b. Sierra Leone – to improve life skills and health education for female university students.
2. The Uwicyeza Project: Gender Education in Rwanda: programs provide secondary school girls with critical knowledge and practical skills for their own professional development.
3. Teachers for Rural Futures : provides scholarships and mentoring support to young women from rural areas of Uganda for them to become qualified teachers and ambassadors for girls' education.

Of these three we strongly recommend the last.

It is strongly supported by GWI.

It fits the mission statement of CFUW to promote the education of girls and women.

The funds are managed in the same way as Bina Roy.

Information about the program is plentiful and easily obtained through the GWI website.

We recommend that if this project is adopted by this club that

- a. It be continued for at least three years
- b. The amount of the donation be substantially increased.



(Contributed by Wendy Reimer and Joan George, on behalf of the Global Outreach Committee. Images taken from the GWI website.)

## Out n About Spring Dates

Sign up sheets for these events will be available at upcoming CFUW meetings.

**Monday April 4** – preconcert talk & opening night performance of the **Royal Winnipeg Ballet's** newest premiere “**Going Home Star – Truth and Reconciliation.**” This ballet tells a contemporary story of a young aboriginal woman’s struggle and pathway to finding hope and strength.

Port Theatre Tickets are \$60 (plus \$2.50 service charge); or \$54 (+ \$2.50 service charge) for Port Theatre members. **PLEASE BUY YOUR TICKETS DIRECTLY FROM THE PORT THEATRE ASAP FOR BEST CHOICE OF SEATS.** The sign-up sheets will help coordinate car-pooling.

**Friday April 22 – Tales for the Telling: Inuit Storyteller** at the MAC, Parksville. Tickets \$12, or \$10 for OCAC members.

**May 18 – 19, date TBC – A Teafarm Experience.** Half-day field trip and tour of the Teafarm, an eleven-acre organic farm in the Cowichan Valley. The visit includes a presentation and recent news about the farm along with delectable Tea & Sweet Pairings. Cost about \$20/person plus travel (carpooling). For more information go to: [www.teafarm.ca](http://www.teafarm.ca)



(Contributed by Jane Currie, on behalf of the Out and About committee.)

## Appreciation Note to Scholarship and Bursary Trust



### **Jaime Morrison: Return to School Bursary \$2000**

Jaime’s chosen career is in public health. Her specific area of interest lies in women’s and reproductive health in the developing world. She’s now working towards her Masters in Public Health at Columbia University, New York.

**Jaime writes:**

Hello Janet,

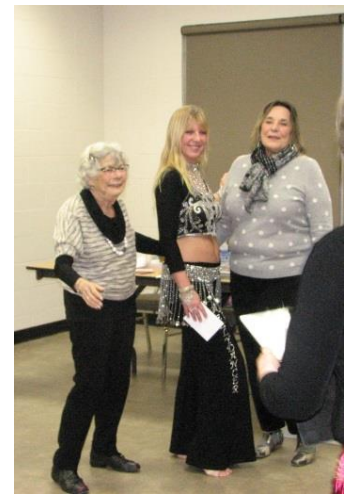
I wanted to write to you to say thank you and to let the District 69 CFUW know how my first semester at Columbia went. I have just received my grades from the past semester and I finished with a GPA of 4.0550. I really enjoyed my classes in Epidemiology and Global Health, and I'm looking forward to more in depth study this semester. I am currently looking into practicum placements for the summer and fall, during which I hope to be in West Africa. I am so grateful for the support that CFUW has given me.

I hope that you are well.

Jaime

(Contributed by Jackie Worboys and Janet Farooq, for the Scholarship and Bursary Trust.)

### February 1, 2016: Belly Dancing Fun



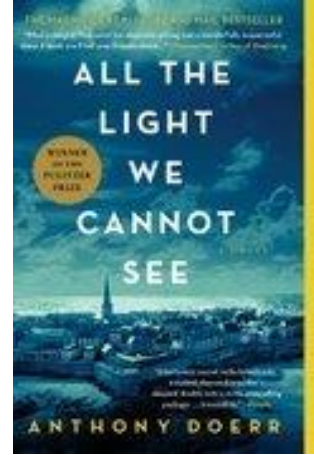
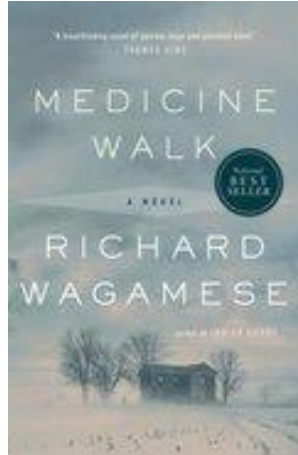
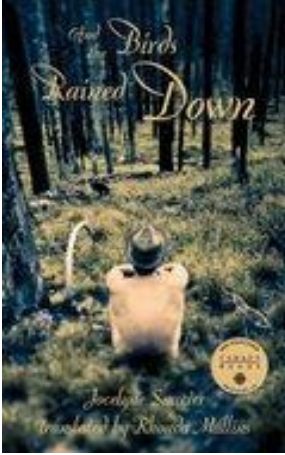
(Thank you to Shirley Sterlinger for the photographs.)

### Book Club News

Joan George (of the Afternoon Book Club) says that the group read *And the Birds Rained Down* by Jocelyne Saucier in February and for March the group is reading *Medicine Walk*, by Richard Wagemese.

Bev Walls (of the Thursday morning group) has said for February the group is reading *All The Light We Cannot See* by Anthony Doerr.





(Contributed by Joan George and Bev Walls. Images from the Mulberry Bush Bookstore website.)

### Book Review

The novel *And The Birds Rained Down* by Jocelyne Saucier resonated with our group.

We enjoyed a spirited discussion on the significance of this Canada Reads contender of 2015, and on the feasibility of its storyline. Comparisons were made with *Ru*, which took the prize.

It was felt strongly that the book was concerned with love and caring for one another. One does fall in love with the characters--we follow them as they make choices about the way they will live, love and die.

Many observations were made about this many-layered book. This atmospheric work caused one reader to feel she was enveloped in the different forms of forest and fire.

The book was translated seamlessly by Rhonda Mullins and was written in part to honour the life of Marie-Ange, the author's aunt.

We do hope for another gem from Canada Reads in 2016, although I am extremely disappointed that *Sweetland* has been relegated to the long list!

(Contributed by Wendy Heuberger, on behalf of the Afternoon Book Club)

### Quote of the Month

“Break a vase, and the love that reassembles the fragments is stronger than that love which took its symmetry for granted when it was whole.”

From Derek Walcott’s lecture “The Antilles: Fragments of Epic Memory.”

Read it (or listen to it) at: [http://www.nobelprize.org/nobel\\_prizes/literature/laureates/1992/walcott-lecture.html](http://www.nobelprize.org/nobel_prizes/literature/laureates/1992/walcott-lecture.html)  
(Contributed by Katharina Rout)

A collaboration between  
VIU ElderCollege & Canadian Federation of University Women: Parksville-Qualicum

# OUR LIVES IN COLOUR

Presentation by Dr Le Couteur

**Sunday**  
**April 10, 2016**

**2pm** Followed by refreshments & informal  
discussion with Dr. Le Couteur

**Tickets: \$10**

Available at the door | Cash only

**Qualicum Beach**  
Qualicum Beach Civic Centre, East Hall  
747 Jones Street

**For more information:**

[eldercollege@viu.ca](mailto:eldercollege@viu.ca)  
[president@cfuwpq.ca](mailto:president@cfuwpq.ca)



In every society throughout history, colour has been used to identify, to distinguish, to decorate and to adorn; in short, to enhance our lives. This 'colourful' talk will look at how we perceive colour, how we use colour and what makes something coloured.

**PENNY LE COUTEUR**

PhD, Chemistry

An outstanding communicator who makes science accessible and entertaining, Penny is past Dean of Arts and Science at Capilano University. During her more than 30 years as a chemistry instructor, many students both in Canada and internationally have benefited from Penny's wisdom. A past president of the Canadian Federation of Women in Science and Technology, Penny co-authored the popular book *Napoleon's Buttons: Seventeen Molecules that Changed History*.

  
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