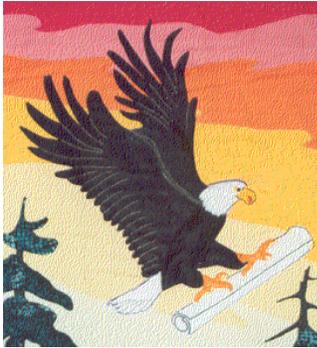


**Canadian Federation of University Women – Parksville / Qualicum**



**Our Theme this year:**

**Adventurers in Thought, Word, and Deed**

**March 2019**

**President: Valerie Gunn (250-468-7536)**

**Vice President: TBA (vacant position)**

**Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <http://www.cfuwpq.ca/>**

**Next Meeting: Monday March 11, 2018 at the QB Civic Centre, 7:00 PM**

**Program: Recalling a Lost Empire: 100 Years of Women in Maya Archaeology**

**Speaker: Marguerite Paquin, PhD Univ. Bradford, Yorkshire**

**What To Look For:**

President's Message

International Women's Day Event

Program Information

Advocacy Event

Nominations Message

Membership Event

BC Council AGM

Scholarship and Bursary Trust Message

Recovering Members

Book Club News, Quotes

Book Pick up Message, IWD poster

Posters and Notices about Community Events

## President's Message – March 2019



Spring is coming, not quite sprung yet and I am excited with all the new possibilities.

I am looking forward to our International Women's Day Event March 8<sup>th</sup> and in the process of writing the introduction and commentary for the Glimpse of Fashion Show - 1919-2019.

The IWD event as well as a celebration for CFUW's 100 Years will be a significant public relations showcase for the club.

In the Seaside room of the Parksville Community Centre there will be tables for Advocacy, Scholarship, Membership, Global Outreach and a beautiful door prize basket.

Why is IWD important?

I quote VP Membership Lynn Kent, "The current resistance towards hard-fought gains in women's rights represents danger, how easily our advancements can be eroded. We are at a crossroads between opportunity and danger."

The World Bank has said the countries that pay attention to what is happening with their women do better socially, politically, and economically. When we look at a world map themed on which countries have human rights legislation, it is a very smart part of the planet, where women have a voice.

Which is why, where we do have a voice, our voice must be strong, must be vocal, and must be heard.

IWD is a day to do this; CFUW is the organization with that voice.

The work we do locally addresses global goals. You may not think you are involved in international advocacy, but in fact you are implementing the actions called for by the UN Sustainable Development Goals to empower women. We have every right to take credit and to promote our CFUW P/Q club as being on the leading edge of global action and change.

Please, bring your friends, distribute the poster and join in the evening's celebration.

All the Best, Valerie Gunn

## International Women's Day 2019 and 100<sup>th</sup> CFUW Celebration

**Friday March 8<sup>th</sup> 7pm at PCC (doors open 6:30)**

Near the end of this month's newsletter is the expanded version of the poster to the right that tells you about our local upcoming event celebrating International Women's Day 2019 and 100 years of the CFUW organization. Here are some more details that you can pass onto friends!

This celebratory event will be held the evening of March 8<sup>th</sup> at 7pm at the Parksville Community Centre, 132 Jensen Street E and is hosted by our local CFUW – PQ club of 69 members. Doors open at 6:30pm to give time to look at the art work and information tables and to network with friends and colleagues. Entry is by donation.

Our guest speaker is a returning speaker from our IWD event 2017 – Dr. Laura Parisi. Dr. Parisi engaged our audience in 2017 with updates from the area of Gender Studies at the University of Victoria, and we look forward to hearing more from her and her students' perspectives around the issues of economic empowerment of women in Canada in relation to what is happening globally.

AND, we will have a mini-fashion show showing a glimpse of the fashion changes over the decades. As many know, the huge fashion industry has affected our lives in a variety of ways such as: trying to keep up with the changing fashion times, working in factories to make the fashion clothing, managing and owning fashion businesses, promoting and marketing the fashions and so much more. Our glimpse will highlight some of the fashion changes for women since CFUW began in 1919.

As well, we will have a display of art by CFUW PQ member Cathy Stewart. Cathy shows locally and throughout BC. See the link below to view a few of Cathy's paintings.

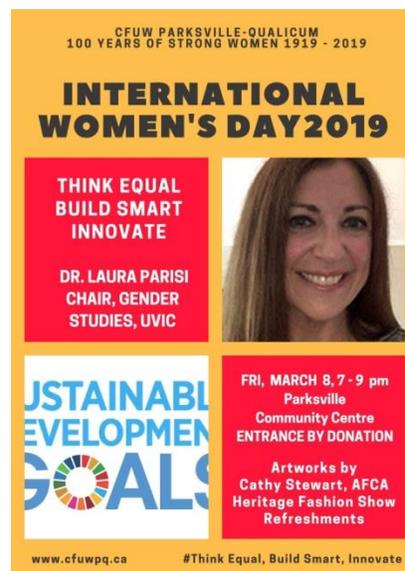
To start our celebration evening at 6:30 when the doors open and before the main events starts, the CFUW PQ members will be providing refreshments: coffee/tea and baked goods. There will be time again around 8:45pm after the fashion show and speaker to continue to enjoy the refreshments.

To top off the evening we will have a wonderful basket prepared by Lorna for a door prize...it is going to be filled full of goodies!

Here are some links to access for more information:

[www.cfuwpq.ca](http://www.cfuwpq.ca)

[www.cfuw.ca](http://www.cfuw.ca)



<https://www.cathystewart.art/>

<https://www.uvic.ca/research/learnabout/home/researchers/experts/expert/parisi-laura.php>

Try out our new CFUW PQ endeavor:

Facebook: <https://www.facebook.com/groups/2092216024158026/?ref=bookmarks> (you need to be a Facebook member to access, but if you are, please join this Facebook group, like and share with others-thank you).

We look forward to seeing you March 8<sup>th</sup> 7pm at PCC (Parksville). Jacqueline, Cathy, Sherri, and Val

(Contributed by Jacqueline Russell.)

### **Program – March 11, 2019 General Meeting 7.00pm**

Snowed Out But Not Deterred - After we had to cancel in February, Marguerite Paquin has graciously agreed to speak to us on March 11<sup>th</sup> instead.

#### Recalling a Lost Empire: 100 years of Women in Maya Archaeology

One hundred years ago the field of Mesoamerican archaeology was still in its infancy. While a number of the great Maya city sites had been located, much remained hidden deep beneath tangled tropical jungles. But, as this field began to open up many intrepid women heard the call, becoming fearless trailblazers and dedicated investigators who made monumental contributions that helped to define a field that, in the beginning, was almost exclusively male. Through the 20<sup>th</sup> century many of these women played pivotal roles in unlocking the mysteries of this extraordinary realm of exploration as fabulous art works, dynastic histories, and enigmatic languages came to be revealed. In this presentation we will trace the evolution of this evolving field through the lives and contributions of several of these amazing women.



Presented by Marguerite Paquin PhD Bradford University.

Marguerite became interested in Mayan Culture after finding books in her father's library, and having an aunt who lived in Mexico, before it was commonplace. This created to a passionate interest in the Maya calendar, ancient time keeping and their mysteries as well as the art of stone masons, sculptors and painters.

Marguerite has a website [mayacalendararts](http://mayacalendararts) and is the author of *Manual for the Soul: A Guide to the Energies of Life*.

## Resolutions in Action

Shelia Reed, Resolutions Chair, will be presenting the topics the members have voted on. She will lead a general discussion and vote as to which topics we agree should be highlighted for consideration in the upcoming general election, to be sent back to the national office.

All Members were sent the document by email on January 28<sup>th</sup> if you wish to refer back.

This year there were no submissions to the call for resolutions by the deadline November 15<sup>th</sup> 2018. Instead of discussions on proposed resolutions, as we have done in the past, CFUW has encouraged clubs to consider previous resolutions that have been adopted as policy.

The most popular topics will be the ones CFUW will document fully for us to discuss with politicians in the upcoming election process.

We will look forward to some lively discussion.

(Contributed by Valerie Gunn.)

## The Advocacy Committee - Environment Section

Call of The Wild; The Forgotten Wisdom of Trees, March 24<sup>th</sup>.

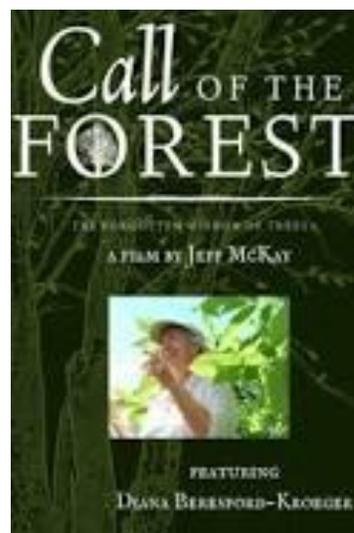
It's a celebration of trees! Communities Protecting Our Coast Presents a Brant Festival Event, a movie screening.

“Call of The Wild, The Forgotten Wisdom of Trees”  
a film by Jeff McKay.

After the film, there will be a panel discussion moderated by John Beaton, acclaimed poet.

Sunday March 24<sup>th</sup> 2pm Parksville Civic Centre, Seaside Auditorium, admission by donation.

(Contributed by Valerie Gunn.)



## Nomination Committee Report

**PLEASE READ! 😊**

Thanks to everyone who is willing to get more involved with our club and to keep the various areas of our club moving along smoothly.

We know there are 69 talented CFUW PQ members out there full of energy, skills and passion. Please consider putting your name forward to participate in one of these 3 exciting vacancies for the 2019-2020 year.

Currently we have three vacancies that need to be filled – or we could say must be filled but we don't want to get too dramatic just yet.

These opportunities start on July 1<sup>st</sup>, 2019 for a one year term (the Program role starts now to get next year organized and typically tapers off around August). We look forward to hearing from you about these volunteer roles. Contact Wendy listed in Membership list found on website at [www.cfuwpq.ca](http://www.cfuwpq.ca) members only area or email Jacqueline at [jacgrussell@shaw.ca](mailto:jacgrussell@shaw.ca)

All of the roles can be accomplished by one or by two women. Sharing any of these roles allows for flexibility and collaboration.

### 1) Vice President (s)

From Constitution: Assist the President(s) in the performance of her/their duties. 2) Discharge the duties of President/s in her/their absence. 3) Be offered the option of serving as Chair of the Advocacy and of the Resolutions Committees, in the case of Co-Vice Presidents, and as Chair of the Resolutions and/or Advocacy Committees, in the case of one Vice President.

### 2) Program Lead or Leads

Basically Program coordinators plan the year out with guest speakers. Usually this is done with a committee, but two members can get this going. Ideas come from the club and the Program for the year is presented and approved at an Executive meeting. The program, with commitments from guest speakers for about 6 meetings (Oct, Nov, Feb, April, May), has to be in place usually by end of July 2019 so that the program content can be sent to the designer and printer of the Brochure organized by the Membership Chair by Aug 25 or so. Currently President Val has been working with Perry to organize this year's great line up (2018-2019) and Val has started on 2019-20 but there is a call for assistance with her OR ideally a member or two to carry on lining up and confirming speakers for the year for 2019-20.

### 3) Fundraiser (s)

The priority in this role is coordinating the Book Sale (our major fundraiser) held annually in October. We have a garage sale and other fundraising ideas to consider as they crop up. But perhaps you are just interested in coordinating the book sale only, if so let us know. We are very flexible. As you may know the Book Sale I think is in its 33 or 34<sup>th</sup> year so we almost have this down to a science as a club. But we still need the overall coordinator (s) to take care of details as we get closer to October.



Thank you all for considering these opportunities, Jacqueline and Wendy

## Welcome, New CFUW PQ Members!

We are delighted to once again welcome this year's new members to CFUW PQ. Please join your fellow new members and the Executive for an afternoon of good cheer, a nice nosh and a chance to get better acquainted.

And, because we have so many new members this year – 12 in total including 3 from the former CFUW Courtenay club – we have a new venue this year. We have simply outgrown most living rooms – what a delightful problem to have!



The **Parksville Museum** has kindly agreed that we can use their meeting space. New members will also have a chance to look at their interesting collection and heritage buildings, in case you haven't visited before.

To celebrate your new membership and the impending arrival of Spring, we will serve tapas, sangria, a non-alcoholic beverage, tea and coffee.

To all new members – please join us:

**Thursday, April 4th, 2019, 2 to 4 p.m.**

**Parksville Museum  
1245 East Island Hwy.  
at the corner of Franklin's Gull Road**

**RSVP to Bonnie Stableford:  
[bastableford@shaw.ca](mailto:bastableford@shaw.ca)**

## BC Council AGM May 3-5<sup>th</sup> 2019, Victoria BC, Information below extracted from AGM Brochure

**Check out:** <https://sites.google.com/site/cfuwbccouncil/> left tab under AGM for more registration/brochure details.

Welcome to the 2019 Annual General Meeting of the BC Council of the Canadian Federation of Women (CFUW)! We have an exciting array of speakers and activities that will stimulate your thinking, help you contemplate how we can all be change agents and provide you with opportunities to network and recognize our successes!

This conference is intended to reflect the past, consider the present and dream for the future. This is the 100<sup>th</sup> Anniversary of CFUW National, the 110<sup>th</sup> Anniversary of CFUW Victoria and the 30<sup>th</sup> AGM for the BC Council. The speakers and activities are intended to help you consider how we can continue to support the well-being of women and their families through education, advocacy and networking. The conference is intended to celebrate – individually and as a collective! We have SO much to be proud of and we plan take the time to applaud the work we have done.

Finally, we intend to have fun! Sprinkled throughout the conference are walking tours, receptions, a fashion show, chair yoga and a few surprises along the way!

We are making some exciting changes to the conference this year! There will not be a silent auction, as we will be introducing a new method to support the Charitable Trust. We are using an interactive approach throughout the program with speakers, videos, music, and even a fashion show to show the achievements of women.

### Location and Accommodation

Hotel Grand Pacific, 463 Belleville Street, Victoria BC, 1-800-663-7550

#### Hotel Info

Directions (Location of hotel, Info for: BC Ferries, air plane, sea plane, V2V ferry)  
For room bookings phone 1-800-663-7550.

**The group rate is only available for bookings made by phone.**

Guaranteed room type: Victoria Room

Group code: MAY19CFUW

Room rate until April 3, 2019 is \$179

***Room rate after April 3, 2019 will be the current market rate***

Parking is \$18 per day. Valet Parking is \$25 per day.

### Registration

- |   |             |
|---|-------------|
| • Full Registration                       | \$ 275.00   |
| • Late Registration (after April 3, 2019) | (\$ 300.00) |
| • Saturday only                           | \$ 205.00   |

- Saturday dinner guest ticket \$ 85.00

***CFUW members may attend the AGM portion of the program (9:30-12:30) at no cost.***  
*If you wish to attend the Saturday AGM only  
 please visit our registration desk to get a name badge for the AGM.*

Last Date for refunds: April 3, 2019 (Admin fee \$30.00 retained)  
 You may transfer your registration to another member up to April 19, 2019

(Contributed by Jacqueline Russell.)

## CFUW P/Q Scholarship & Bursary Trust

Work has been completed to update the section of the Club's website relating to the scholarships, bursaries and awards that are available for 2019-2020. The most obvious changes this year are the increase to the Memorial Awards to \$4,000 each for 3 women – using some of the funds received from the 100+Women Who Care Oceanside, and the one-time award Parkville/Qualicum CFUW 100<sup>th</sup> Anniversary Award of \$4,000 to a woman entering or continuing an undergraduate program with preference given to candidates pursuing studies in Early Childhood Education. This last award reflects CFUW's support of Early Childhood Education.



We are now working on getting the information about these awards out to universities and colleges and we also hope that Club members will take every opportunity to promote all the awards to friends, neighbours and acquaintances.

The Trust was also fortunate to receive a private donation of \$10,000 with no restrictions on its use. It will be spread over 5 years, giving the trustees the flexibility to increase the number of winners in a category or increase the amount awarded.

Noreen A. Ballantyne, Chair,  
 Scholarship & Bursary Trust

## Recovery Corner

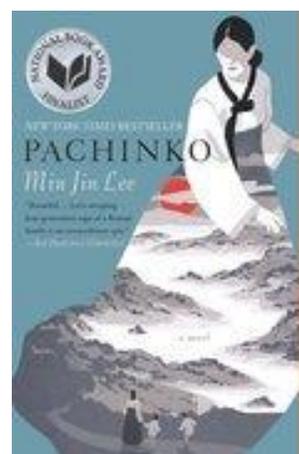
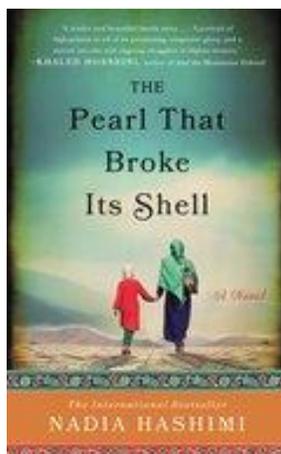
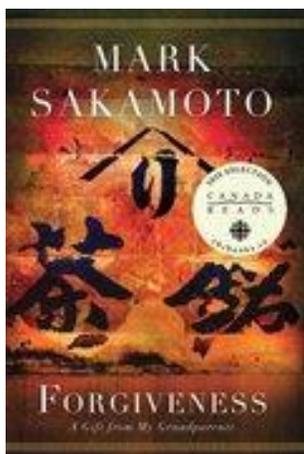
We have four women in recovery mode this month. I am sure you will want to wish them healthy thoughts in their recovery journey.

Here's to Bev Walls, Shirley Sterlinger, Shirley Ledrew, Camille Lawson.

We look forward to seeing you all soon.

(Contributed by Valerie Gunn.) .

## Book Club News



For March, the Tuesday Afternoon book club will read *Forgiveness* by Mark Sakamoto. The Wednesday night book club will read *The Pearl That Broke Its Shell* by Nadia Hashimi. The Thursday Morning book club (the Book Bags) will read *Pachinko* by Minjin Lee. (Contributed by Wendy Heuberger, Edie Ross, and Bev Walls. Images provided by Mulberry Bush Bookstore.)

## Quotes

“There are three things in life that matter – your partner, your job, your place. One of those three has to be number one. The other two have to come second. [ . . . ] In love, job, and place, one partner picks love and the other picks something else that shapes their life together.”

From *The Bookshop of Yesterdays* by Any Meyerson

Et par le pouvoir d'un mot  
Je recommence ma vie  
Je suis né pour te connaître  
Pour te nommer  
Liberté

And by the power of one word  
I begin again my life  
I was born to know you  
And to name you  
Liberty

“Liberté” by Paul Éluard, 1942, quoted in *The Lost Vintage* by Ann Mah

There’s a sense of sovereignty that comes from life on a mountain, a perception of privacy and isolation, even of dominion. In that vast space you can sail unaccompanied for hours, afloat on pine and brush and rock. It’s a tranquility born of sheer immensity; it calms with its very magnitude, which renders the merely human of no consequence.

From *Educated* by Tara Westover

## **Book Pick Up From the Box at Save-On Foods**

This month the listed people are:

March 4 Brenda Correy

March 11 Audrey Derrick

March 18 Janet Farooq

March 25 Sonya Felix

If for any reason you are unable to do your assigned week please find a substitute or, if unable, contact Lynn Brown 250 248 5142.

This is the season in which books are being deposited due to spring cleaning! It is important to empty the box as often 'things other than books' are deposited which creates less than gently used books.

(Contributed by Valerie Gunn.)

**CFUW PARKSVILLE-QUALICUM  
100 YEARS OF STRONG WOMEN 1919 - 2019**

# **INTERNATIONAL WOMEN'S DAY 2019**

**THINK EQUAL  
BUILD SMART  
INNOVATE**

**DR. LAURA PARISI  
CHAIR, GENDER  
STUDIES, UVIC**



**FRI, MARCH 8, 7 - 9 pm  
Parksville  
Community Centre  
ENTRANCE BY DONATION**

**Artworks by  
Cathy Stewart, AFCA  
Heritage Fashion Show  
Refreshments**

[www.cfuwpq.ca](http://www.cfuwpq.ca)

**#Think Equal, Build Smart, Innovate**

## Community Events

Dear CFUW P/Q Members,

Many of you will remember Hamdi Aweys who was a refugee student and VIU and Janet Farooq “adopted” daughter. There is now a refugee sponsorship group set up for Hamdi’s sister Kin and her family (husband and 4 children), including Janet as chair, Mary Ellen and Perry. The sponsorship is in progress through the Nairobi Office and the group is trying to raise funds to meet the target for supporting the family for 1 year. Several of you have been buying Hamdi’s samosas as part of this effort. And several of us were present when Hamdi became a Canadian last August.

Please see the information and poster that follow.

Valerie Gunn

The Aweys Refugee Sponsorship Group has now arranged the activity below on Sunday March 3, from 2 to 6.

Several ethnic foods and some ethnic handicrafts will be on sale in the Run Fluid Gym across the parking area from the GZALounge from 2 to 6. Entry to the gym is free; food will be \$5 per plate of 2 servings and handicrafts will have fixed price. Items sold will be put on a tab with one payment when you exit. Credit card and interac facilities will be available.

The concert by at least two groups who have volunteered their time will start at 3 pm to approx 4:30. Tickets are \$30 each or 2 for \$50.00 and can be purchased through one of the links below:  
[http://www.gzalounge.com/store/p154/KIN%27S\\_KONCERT\\_SINGLE\\_TICKET.html](http://www.gzalounge.com/store/p154/KIN%27S_KONCERT_SINGLE_TICKET.html)

[http://www.gzalounge.com/store/p155/KIN%27S\\_KONCERT\\_DOUBLE\\_TICKET.html](http://www.gzalounge.com/store/p155/KIN%27S_KONCERT_DOUBLE_TICKET.html)

It would be wonderful if many of us could attend.

Janet Farooq  
Janetfarooq1@gmail.com

# KIN'S KONCERT

A FUNDRAISER IN SUPPORT OF THE AWEYS  
REFUGEE SPONSORSHIP GROUP



Featuring live music  
by local musicians

\$30/person \$50/couple

**SUNDAY MARCH 3rd 2-6pm**

Ethnic foods and multicultural  
crafts will be available for purchase

All proceeds will go towards bringing  
Kin Aweys and family to safety in Canada

Read her story at [www.gzalounge.com/kins-koncert](http://www.gzalounge.com/kins-koncert)

**GROUNDZERO ACOUSTIC LOUNGE**

#8-464 ISLAND HWY, PARKSVILLE

## **“Edge of the Knife” Movie March 12<sup>th</sup>**

Sid Williams Theatre 6.30pm

This event features an opening Haida cultural performance by Xyuu Xyahl Gaang.nga - Southeast Wind Dancers.

SGaawaay K'uuna Edge of the Knife is a 2018 Canadian drama film co-directed by Hluugitгаа Gwaai Edenshaw and Jaada Gyaahlangnaay Helen Haig-Brown. It is the first feature film spoken only in dialects of the Haida language (with subtitles). Set in 19th century Haida Gwaii, it tells the classic Haida story of the traumatized and stranded man transformed to Gaagiixiid, the wildman.

One aim of the film is to preserve and teach Haida, an endangered language. The film was created primarily by indigenous people, including the co-directors, a mostly amateur crew, and the Haida cast.

First shown on September 1, 2018 to Haida Gwaii residents, whom the film's creators said were the primary audience, SGaawaay K'uuna Edge of the Knife made its public premiere six days later at the Toronto International Film Festival, which named the film in its annual Canada's Top Ten list.

A Skype Q&A with director Hluugitгаа Gwaai Edenshaw will follow the screening of the film.

They say a fire calls you into the forest. The cold will make you desperate to catch the fire; but no matter how long you run, you cannot catch the fire. You run and run until your mind is sick and the spirits take you over. You become wild. You become Gaagiixiid.

### Synopsis

Haida Gwaii, 1800's. At a seasonal fishing camp two families endure conflict between the nobleman Adiits'ii and his best friend Kwa. After Adiits'ii causes the accidental death of Kwa's son, he flees into the rainforest, descending into madness and transforming into Gaagiixiid – “the Wildman.” When the families return in the spring, they discover Adiits'ii has survived the winter. Can he be rescued and returned to his humanity? Meanwhile, Kwa wrestles with his deepest desire – revenge.

(Contributed by Valerie Gunn.)



*ElderCollege*

*Saturday Speaker*

## **Physical Literacy as a Cornerstone of a Healthy Community**

Presenter: Drew Mitchell, *Director of Physical Literacy, Sport for Life*



**Saturday  
March 9, 2019**

10am – 12pm

**Nanoose Place Community Centre**  
2925 Northwest Bay Road  
Nanoose Bay

Explore the role of Physical Literacy as the foundation for active and meaningful participation in society.

**\$10** cash per person at the door  
**Free** under 18

For more info  
**1.866.734.6252**  
[viu.ca/eldercollege](http://viu.ca/eldercollege)