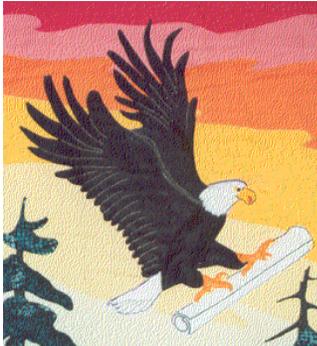


**Canadian Federation of University Women – Parksville / Qualicum**



**Our Theme this year:**

**Celebrate Challenges: Facing Forward, Looking Back**

**December 2020 – January 2021**

**President: Valerie Gunn (250-468-7536)**

**Vice President: Leadership Circle, Sheila Reed**

**Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <https://cfuwpq.ca>**

**Meeting: Monday January 11, 7-9 PM, by Zoom**

**Program: Water Water Everywhere . . .**

**Speaker: David Todtman**

**Greeters: none**

**What To Look For:**

President's Message and Upcoming Events  
Program Information  
Advocacy  
Scholarship & Bursary Trust – announcement and third group of winner profiles  
Global Outreach Update  
Out and About  
Christmas fund raiser for Haven Homes  
Obituaries  
New! Virtual Book Club  
Books of Interest  
Quotes  
Book Bin Pickup Schedule

## President's Message December 2020 – January 2021



Welcome to December. Wow, almost here already.

This is a year we will all be pleased to lay to rest, but we have learned increased resilience, awareness, self-perception, life purpose, these skills will carry us all through the coming year.

To finish current activities, we have the 16 days of activism against gender-based violence, November 25, (International Day for the Elimination of Violence against Women) to December 10, 2020 (Human Rights Day). We are asking PQ members to hang red dresses outside to remember women victims. Sunday November 29 is the date of our panel, (see below) partnered with Haven Society.

As with most events this year we are unable to meet together for our usual end of year gatherings, as are most groups these days. However, we are still on board for our seasonal fund raising for Haven Society, our thanks to Lorna Miller, see below. Of course, you are all welcome to donate to Haven Society, by sending a cheque to treasurer Bonnie Stableford, who will send it on to them, and they will give a receipt if needed.

Our club leadership is changing in the new year, Jacqueline Russell, our stalwart past president has finished with her term and has finally able to step back from her duties, most recently as webmaster and Facebook diva, which position now will be held by Victoria Morris. Our grateful thanks go to Jacqueline for all the years of service to the club.

The updated membership list has been compiled by the membership chair Wendy Reimer and will be forwarded to you this week.

On behalf of the executive committee I want to extend to you all Merry Christmas and Seasons Greetings and I am sure we will see each other in the New Year.

Regards to you all  
Valerie Gunn

### Upcoming Events

- Nov 29<sup>th</sup> 2pm -3pm "Silent No More" Discussion Panel Zoom  
Link to be sent Thursday 26<sup>th</sup>
- Dec 1<sup>st</sup> Date to submit bids to vendors of Christmas Sale Goods  
Catalogue to be emailed to members next week  
See below
- Jan 11<sup>th</sup> General meeting 7pm to 9pm See program below.  
Zoom opens 6.15pm for greeting and chat
- Jan 25<sup>th</sup> CFUW Nanaimo General Meeting by Zoom

(Contributed by Valerie Gunn.)

## Program January 11 - by Zoom 7-9

**Title:** Water Water Everywhere . . .

**Presenter:** David Todtman

David has a doctorate degree in the social sciences and is a retired health care professional who became interested in the local environment and the ways this intersects with social issues and local politics. He has volunteered in our community with Dogwood, Communities Protecting Our Coast, and the Arrowsmith Ground Water Alliance (AGWA). AGWA is a small group focused on water, including the health of local watersheds, aquifers, and streams. AGWA has also been involved helping to lobby against new water bottling plants proposed in towns around BC.



David has a wealth of knowledge and expertise in our local water issues. He will also speak on Blue Communities, which to explain I have included information below. Our CFUW club, through the advocacy committee, has endorsed and signed on to this initiative to the Town of Qualicum.

(Contributed by Valerie Gunn.)



## Arrowsmith GroundWater Alliance

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### Help Make Qualicum Beach a Blue Community

#### What is a Blue Community?

*Blue Communities* is an initiative of the Council of Canadians. A Blue Community recognizes water as a shared resource for all by passing a resolution that,

1. Recognizes water and sanitation as human rights,
2. Discontinues or phases out the sale of bottled water in municipal facilities and events, and
3. Promotes publicly financed, owned, and operated water and wastewater facilities.

Across Canada and around the world 75 cities, towns, and Indigenous communities have passed resolutions declaring themselves Blue Communities. In Europe the list includes cities in Belgium, Spain, Germany, Greece, Switzerland, and others. The Canadian list includes more than thirty across the country and, on the Island, Nanaimo, Victoria, Comox, and Cumberland have passed resolutions endorsing the pledges.

### **Why Do We Need A Blue Community?**

Qualicum Beach has well-run municipal water and waste-water systems and the taste of our town's drinking water is remarkable. Just ask local bakeries and cafés if the Town's water is important to them! Good water is something we can all be proud of. By becoming a Blue Community we can celebrate our water and ensure it remains secure as a public resource.

Our Town can also play an important role in the broader effort to establish water and sanitation as fundamental human rights. In 1977 the United Nations Water Conference recognized access to water and sanitation as a fundamental human right. This was followed at the United Nations General Assembly in 2010 by a declaration that reiterated water and sanitation as rights. Now, eight years later, municipalities in Canada can take the lead to protect local water and urge senior levels of government to secure access to good water and sanitation for all Canadians including First Nations communities. *The urgency for action by all levels of government is heightened in our time by the COVID-19 crisis.*

### **The Arrowsmith GroundWater Alliance Campaign**

The Arrowsmith GroundWater Alliance is a group of citizens who volunteer their time to promote and protect fresh water. Our organization is contacting local individuals, groups, and businesses to explain Blue Communities and generate local support. In October, we will approach the Town of Qualicum Beach Council and request that it join with other municipalities in passing a resolution endorsing the three pledges and declare Qualicum Beach a Blue Community.

### **You Can Help**

We need your help letting the Town Council know about this initiative and that the public is behind it. Please take the time to sign a letter of support, or write your own, and send it to us so we can take a stack to the Council. Please show this information sheet to friends and invite them to send a letter too.

**Contact:** [arrowsmithgroundwater@gmail.com](mailto:arrowsmithgroundwater@gmail.com)

## *Did you know?*

- According to the UNICEF/WHO joint monitoring program (2000-2017), 1 in 3 people globally do not have access to safe drinking water. More than half the world does not have access to safe sanitation services.
- Significant progress has been made toward universal access: 1.8 billion people have gained access to drinking water services since 2000. Now the challenge is to make sure that water is safe and accessible to all.
- The average distance that women in Africa and Asia walk to collect water is 6 kilometres.

- Every year 297,000 children under five die due to diarrhea resulting from inadequate handwashing facilities. Together, unclean water and poor sanitation are the world's second biggest killer of children, according to the UN.
- At any given time, close to 100 Indigenous communities in Canada are under drinking water advisories.
- In his encyclical on the environment and human ecology, *Laudato Si*, Pope Francis objected to the privatization and commodification of water and declared that access to safe, drinkable water is a basic universal human right and a necessary condition for the exercise of all other human rights.
- According to Maude Barlow, a founder of Council of Canadians and a leader in getting water recognized as a human right by the UN, almost four dozen countries have either enshrined the right to water within their national constitutions or have framed the right within national legislation. In early 2012, Mexico amended its constitution to recognize the rights to water and sanitation. South Africa, Ethiopia, Ecuador, Kenya, Bolivia and the Dominican Republic have also amended their constitutions. The Netherlands, Belgium, UK, and France have adopted state resolutions recognizing the right to water for their people (Barlow, "Our Right to Water").
- Here in the Regional District of Nanaimo and the Town of Qualicum Beach, we have made great strides in protecting water. Between 2004 and 2018, conservation measures have lowered average residential water use by 31%. These measures and others were advanced by the formation of the Drinking Water and Watershed Protection Program in 2009 to support healthy, safe and resilient water resources for all in our region. Let us move forward to declaring Qualicum Beach a Blue Community and add our support to the international movement to make water and sanitation human rights.

## Advocacy

This year you are urged to hang a red dress on your property Nov 25 – Dec 10 to remind people of the efforts to end violence against women.



## **CFUW National Newsletters & Action Plans**

From time to time these newsletters are forwarded on to you by me as a member of CFUW. If you would like to receive these directly from National phone toll free 1 888 220 9606 or go to the website [www.cfuw.org](http://www.cfuw.org) if you know the user name and pass word. If you want these please contact Valerie Gunn.

The most recent President's message from Kathryn Wilkinson (Nov 12) addressed the issue of some clubs considering not paying some or all of 2021 -2022 dues, unless the national board terminated membership in GWI. The rationale being the board is bowing to the wishes of the minority clubs while ignoring the wishes of the majority clubs. To do this needs a 2/3 affirmative by member clubs not the National board.

The problem is vote is by club not by majority of the membership. CFUW PQ Executive recommends to the PQ CFUW membership that the National Board adopt a policy of 1 member = 1 vote and that decisions be made by a simple majority.

This will be discussed at the general meeting January 11<sup>th</sup>.

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(Contributed by Valerie Gunn.)

## **CFUW/PQ Scholarship & Bursary Trust**

The Trust met on Thursday, Nov. 19<sup>th</sup> and reviewed the Preliminary Budget for Awards for 2021. The Trust is pleased to announce the following awards which will be available to women in June.

- 3 secondary school scholarships to BSS, KSS and PASS @ \$1,000 each
- 3 Memorial Scholarships to undergraduates @ \$4,000 each (note these have doubled in value thanks to the generous support of 100+Women Who gift – this is the last year for distribution of these funds)
- 1 Postgraduate Scholarship @ \$2,000
- 2 Return to School Bursaries @\$2,500 each
- 1 J C Reid Scholarship which we administer @\$3,000
- 1 ECE Award @ \$1,000
- 1 Red Seal Apprenticeship Award @ \$2,000 (funded by a special donation)
- 1 Trades/Certificate Award @ \$500 through North Island College

As always, should we have the financial resources and exceptional candidates, we will increase either the number or value of the awards.

At this meeting the Trust also approved the Year End Financial Statement for 2019-2020. This will appear on the Club's website for information of all members.

November 2020

Noreen Ballantyne  
Chair, Scholarship & Bursary Trust

## Scholarship and Bursary Award Winners

Please note that the Scholarship and Bursary Trust distributed fifteen awards this past year. We are celebrating the achievements of these young women over several months. The third group (of five winners) follows. (Ed.)

### Megan Edgeley – Return to School Bursary - \$2,500

After three years as an LPN, Megan plans to continue this work in the Oceanside area while completing her courses at Athabasca University in the LPN to RN bridge program. Megan’s background includes five years as a volunteer firefighter. Her goal is to complete her BSc in Nursing, then an Emergency Nursing Specialty, and Remote Nursing certificate.



### Allison Staley – Return to School Bursary - \$2,500



After a successful career with local real estate and construction companies Allison is now following her passion for research and history pursuing a BSc in Anthropology at VIU. Her ultimate goal is to work at the Royal British Columbia Museum in Victoria.

### Hannah Cudney-Early Childhood Education Award-\$1,000



Hannah is entering her second year of the ECE program at VIU where she has maintained excellent grades while running her own dog care business. She loves children’s “sense of wonder and joy” and hopes to work at a preschool when she graduates.

### Karmah Rennie – Red Seal Apprenticeship Award - \$2,000



Karmah has finished her first year Electrical Foundations program at VIU and is currently working for Osprey Electric, with whom she did her apprenticeship work. She is entering her second year of the Electrical program with the goal of becoming a Red Seal electrician.

### **Childhood Education Award - \$1,000**

Jade is entering her second year of the ECE program at VIU. While working part time as a server at a local restaurant, she was also named to the Dean's Honour List. She is inspired by Waldorf and Montessori philosophies and believes the outdoors is an essential part of education. She is considering continuing her education to become an elementary school teacher.



### **Global Outreach Update**

This year global outreach had to shrink its reach in helping education support, overseas. Janet Farooq has received a notice that a sister charity to DIL, whom our club has supported in the past, TCF Canada, has been listed as a Top Ten Impact Charity and a Top 10 International Impact Charity by Charity Intelligence. TCF shares teaching materials and cooperates in some geographic areas with our charity DIL. TLC is better funded as it is sponsored by Pakistani businessmen in Pakistan and Canada, very active in Toronto and in Vancouver.

(Contributed by Janet Farooq.)

### **Out and About**



Vivien Sears created a list of ideas which was sent November 8<sup>th</sup>. Some of those are not happening due to gathering restrictions until December 7<sup>th</sup>, but Vivien has some who are interested in going to the Chemainus Theatre to hear live entertainment with dinner. Performances by Ken Lavigne, Michael Clarke and Joelle Rabu & Nico Rhodes. Please contact Vivien.

### **OUR 2020 CHRISTMAS SALE**

It's time to watch for your CFUW PQ Christmas Catalogue that Bonnie S. will e-mail to members. It will provide all the details about our sale to help Haven House Parksville. You'll find photos and descriptions of the items, with prices, and the names of the persons to contact to make a purchase. The sale begins at 11am on Dec. 1; which happens to be Giving Day. You'll pay when you pick-up your purchases; it will be by cheque made out to Haven Society Parksville. Haven Society will send out your tax receipt. Happy buying. Lorna Miller

## Obituaries

This month CFUW PQ lost a long-time member, Margaret Cluff. Margaret worked with the book sale crew for many years as did her husband, who worked on signage. For further information contact Sheila Reed.

Another former member Ann Kullman, lost her mother, Jean Bates who lived 100yrs.

## New CFUWPQ Interest Group



Are you wondering how to spend your time in the New Year? Perhaps you would like to join our new CFUW PQ Virtual Book Club Interest Group slated to begin in the New Year!

All that is needed is a computer, internet and some familiarity with using Zoom for meetings or gatherings. If you have not tried Zoom yet let us know and we can arrange time to try it out together.

Wendy Reimer and Jacqueline Russell are hopeful that this new Interest group for CFUWPQ members will be of interest to a number of club members, including those who do not have a book club through CFUWPQ to attend, for those who may already have a CFUWPQ book club but wish to attend another one especially the 'novel' idea of a VIRTUAL book club, and for those for whom a Virtual Book Club may be a great option during these difficult COVID times.

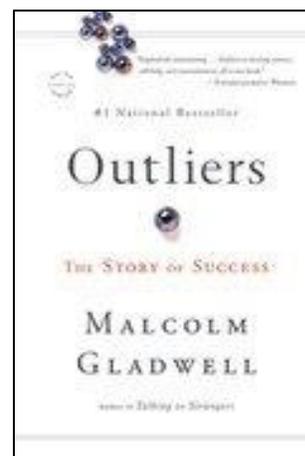
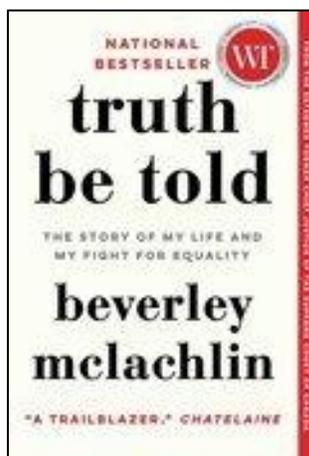
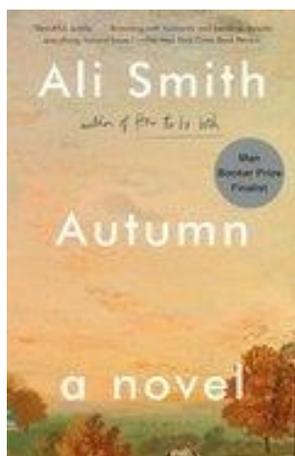
Please let Wendy or Jacqueline know if you are interested and we will then go forward working together to establish a day and time and how to proceed with our First Virtual Book Club meeting.

(Contributed by Jacqueline Russell.)

## Had You Noticed?

Mary Ellen Campbell and Eva Hilborn were pictured in the Oasis magazine (distributed in the local newspaper) demonstrating the use of some of the exhibits at the Parksville Museum.

## Books of Interest



Books being read by some of our members are: *Autumn* by Ali Smith, *Truth Be Told: The Story of My Life and My Fight For Equality* by Beverley McLachlin, and *Outliers: the Story of Success* by Malcolm Gladwell. This change in format is an invitation to anyone who has a book suggestion to share it. Readers always welcome knowing of something that someone else believes is worth the time. Please email the editor, Barbara Bond. Thank you!

The Wednesday Evening book club is meeting by Zoom on Wednesday, November 25 from 7P – 9P, with the group assembling from 6:45P. Other club members are welcome to join in. They will discuss *American Dirt* by Jeanine Cummings. Contact Val Gunn for an invitation.

(The suggestions above were contributed by Wendy Heuberger, Edie Ross and Vicky Burton. The images are courtesy of Mulberry Bush Bookstores.)

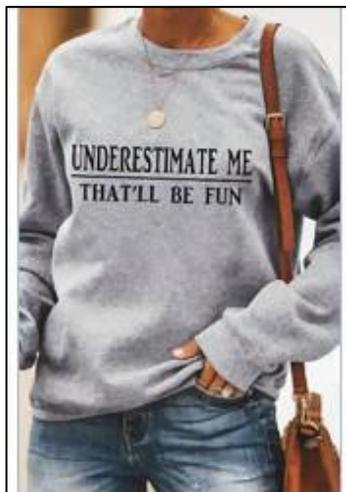
## Quotes

He looked out on the same thing he looked out on to everyday but now it seemed like a place he no longer knew. The cloudless blue sky fit like a lid over the vast sheet of snow stretching across the plains and to the hills beyond. Deep cold spread stillness, not so much as a tremor in the corn stalks, still enough for Buddy to hear the ache of a bird's wings passing overhead, its dark shadow sliding over the snow. Strong sunlight fell on him and his skin stung with cold.

From *The Way To Go Home* by Catherine Leggett

They were left together in the cove then with its dirt-floored stud tilt, with its garden of root vegetables and its scatter of outbuildings, with its looming circle of hills and rattling brook and its view of the oceans' grey expanse beyond the harbour skerries. The cove was the heart and sum of all creation in their eyes and they were alone there with the little knowledge of the world passed on haphazard and gleaned by chance.

From *The Innocents* by Michael Crummey



The world was divided into two realms – one of men and one of women. Women were occasionally allowed to venture into the realm of men, but only to the extent required to accomplish what the men wanted or needed. For better or worse, I was committed to making deeper inroads into the realm of men. The way ahead would not be easy.

That was how it was in the early 1960s.

From *Truth Be Told: The Story of My Life and My Fight for Equality* by Beverley McLachlin.

What other people think of you is not your business.

From the woman who cuts my hair

### **Book Bin Pickup Schedule (Revised 19 Oct. 2020)**

The book bin beside the Save-on-Food store continues to receive books. The coordinators (Sheila Reed and Sharon Sawkins) have taken the membership list and have slotted CFUW members into week-long spots. If someone is unable to do the job, please contact one of the coordinators who will arrange for a replacement. If the week is not suitable for you, please phone a friend on the list to exchange dates. Cull the books at home whenever possible and take them to the storage bin. If you would like to arrange to meet one of the coordinators there please call and we would be happy to help you. Please send an email on your last day to the next person on the list as a reminder for them. Happy picking!

Nov. 23-29: Janet Farooq  
 Nov. 30-Dec. 6: Linda Fullalove  
 Dec. 7-13: Valerie Tutti  
 Dec. 14-20: Dianne Gillespie  
 Dec. 21-27: Sharon Sawkins  
 Dec. 28-Jan. 3: Sheila Reed  
 Jan. 4-10: Maureen Wood  
 Jan. 11-17: Debbie Wetmore

Jan. 18-24: Catherine Khan  
Jan. 25-31: Deidre Laforest  
Feb. 1-7: Camille Lawson  
Feb. 8-14: Lorna Miller  
Feb. 15-21: Jean Ogle  
Feb. 22-28: Sheri Plummer  
Mar. 1-7: Betty Price  
Mar. 8-14: Wendy Reimer  
Mar. 15-21: Robin Robinson  
Mar. 22-28: Jacqueline Russell  
Mar. 29-Apr. 4: Dolores Saulter  
Apr. 5-11: Vivian Sears  
Apr. 12-18: Val Gunn  
Apr. 19-25: Bonnie Stapleford  
Apr. 26-May 2: Sherrol Tait  
May 3-9: Claire Tallman