



Canadian Federation of University Women – Parksville / Qualicum



Our Theme this year:

Strong Women – Making a Difference

November 2022

Executive/Leadership Team Members:

President: Mary Ellen Campbell (250-752-0868)

Past President: Valerie Gunn (250-468-7536)

Vice-President: open position

Communications: Victoria Morris @ technology@cfuwpq.ca.

Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <https://cfuwpq.ca>

Meeting: October 17 at 7 PM at the McMillan Arts Centre, Parksville

Program: “Granny Stories”

Speaker: Norma Cameron

What To Look For:

President's Report

Speaker Information and Poster

Future Program Information

Upcoming Adventures

Global Outreach

Book Sale Pictures

Talking Circle on Indigenous Issues

Book Box Pick-up Schedule

Book Clubs, Book Review

President's Report



President's Report:

Some say Executive, some say Leadership Circle – which is it? According to our bylaws, the term is Executive; of course, bylaws can be amended allowing us to use the term that best represents the group. Now is a good time to review our bylaws. If you would like to be a part of the 'bylaws committee review working group', please contact me. Happily, there are always members in a group who actually enjoy reading and researching bylaws ☺

I've cut a brief section from our existing bylaws to give you an idea of changes that need to be made.

From our existing bylaws –

- A. **Executive Committee:** Officers of the Club (President, Vice President, Secretary, Treasurer, Membership Coordinator, Past President; Chairs of Committees of the Club (Advocacy, Archives, Communications, Fund-raising, Global Outreach, Governance, Nomination, Program, and Resolutions.)
and Chair of CFUW PQ S&BT
- B. **Constitution:** a set of fundamental principles that govern CFUW PQ (Articles and Bylaws).
- C. **Graduate Women International (GWI), formerly known as International Federation of University Women (IFUW):** an international organization founded in 1919 to advocate for women's rights, equality and empowerment through access to quality secondary and tertiary education and training up to the highest levels. GWI has national affiliates in 60 countries and individual members in more than 40 others. <http://www.graduatewomen.org/who-we-are/our-vision/>
- D. **Local Dues:** annual dues less amount being forwarded as dues to CFUW and to CFUW BC Council.
- E. **Club Meeting Categories:**
 - a. Business Meeting of the General Membership: called by the Executive Committee of the Club at least four
(4) times a year to conduct regular business of the club
 - b. Special Meeting: called by the President(s) or, in the case of petition via email or in

- writing by ten (10) members of the Club, to consider a specific issue/specific issues.
- c. Annual General Meeting (see definition above)
 - d. Program Meeting: a gathering of members, their guests and the general public to hear a presentation, etc.
 - e. Social Meeting: a gathering of the members of the Club and their guests for a social event such as a dinner, tea, and similar such events

OFFICERS OF THE CLUB

1. The Officers of the Club shall be the President(s), Vice President(s), Secretary(ies), Treasurer(s), Membership Coordinator(s) and the immediate Past President(s).
2. The term of office for all Officers of the Club is one year.
3. No Officer of the Club shall hold the same office for more than two consecutive terms unless approved by vote of the majority of those members attending a Business Meeting of the General Membership where this shall be decided.
4. All Officers of the Club for the coming year shall assume their duties on July 1.
5. A vacancy in the Office of President(s) shall be filled by the Vice President(s). Any other vacancy shall be filled by vote of the Executive Committee.
6. The Officers of the Club may meet as required.

Program Information

Change of storyteller for October 17

We've had a last-minute change to our speaker program for the October 17 meeting as Marva Blackmore is unable to attend. Norma Cameron, another local storyteller has kindly agreed to perform at the meeting, which will be held at the McMillan Arts Centre.

As a professional storyteller, Norma has performed in Scotland, Ireland, Wales and across North America. In 2017 she was invited to perform her one-woman play, *Coalmines, Council Houses and Corsets* at the National Arts Centre in Ottawa. Her CV lists numerous performances to a variety of audiences at schools, libraries and concerts. In Qualicum Beach she is currently leading Guided Autobiographies, a popular course running weekly at the QB Seniors Centre.

Norma's presentation will focus on the stories grannies tell. She emphasizes the importance of telling stories and listening carefully to link the wisdom of generations of women.

Submitted by Sonya Felix



THE POWER OF WOMEN WORKING TOGETHER

Advocacy • Learning • Friendship

CFUW Parksville-Qualicum
Strong Women—Making a Difference

Granny Stories

Speaker:

Norma Cameron,
storyteller and educator,
will share stories from her
One Woman Show,
Coalmynes, Council
Houses & Corsets, based
on tales told by her
Scottish granny.



Monday, October 17, 2022
7:00 pm

Join CFUW PQ in person
at the McMillan Arts Centre,
Parksville



www.cfuwpq.ca

CFUWPQ PROGRAM 2022 - 2023

All programs begin at 7:00 pm unless specified otherwise

- Nov. 14 **Combatting Gender-Based Violence** (Qualicum Beach Civic Centre)
Speaker: *Joel Rustin*
 Joel is with the Nanaimo Regional John Howard Society and will speak to us about the ways victims of domestic violence can deal with the aftermath and how abusers can be helped to understand and change behaviour.
- Dec. 5 **Christmas Dinner/Lunch** - Time and place to be announced
- Jan. 9 **Protecting French Creek Estuary Land** (Qualicum Beach Civic Centre)
Speaker: *Lynne Brookes*
 Lynne is a conservationist and past president of Arrowsmith Naturalists, a local environmental stewardship group. She has been involved in efforts to protect the French Creek Estuary, which is home to eagles and other wet land animals. Her talk will describe why the French Creek Estuary should be protected and next steps.
 *Program followed by CFUW PQ Business Meeting
- Feb. 13 **Black Pioneers on Vancouver Island** (McMillan Arts Centre in Parksville & via Zoom)
Speaker: *Silvia Mangu Alene*
 Located in Victoria, Silvia is the president of the BC Black History Awareness Society. Her talk will focus on the Black women who came as pioneers to Vancouver Island in 1858 to avoid the oppressive racial conditions in the U.S. These immigrants became an integral part of the early formation of Victoria and contributed to the richness of the developing society.
 *Program followed by CFUW PQ Business Meeting
- March 08 **International Women's Day - The Silk Road** (Knox Church, Parksville)
Speaker: *Dr. Brenda Trenholme*
 A self-described "endurance fanatic," Brenda has completed a number of cycle tours in Europe and a 12,000 km cycling trip from Cairo to Capetown in 2016. With her appetite whet for exploring exotic places by bike, in 2018 she joined a group of 15 others to cycle

13,000 km along the Silk Road from Beijing to Istanbul. Brenda, a retired family physician, will provide a slide show of her cycling adventure, highlighting the salient cultural, geographical, historical and political features of the ten Asian countries she traversed

Apr. 10 **CFUW Resolutions & Budget** (McMillan Arts Centre in Parksville)
*Business meeting

May 8 **“Optimizing Arts Sector Potential on Vancouver Island”**
(Qualicum Beach Civic Centre)
Speaker: Illana Hester
Illana, Executive Director of The Old School House (TOSH), will speak about the work being done at TOSH and Island-wide with Creative Coast, a collaboration of artists and art organizations created to optimize the potential of the arts sector on Vancouver Island. Originally from Calgary, Illana received her undergraduate degree at UBC and a Master's of Arts in Visual Arts Administration at New York University. After filling various roles in the New York art scene for 12 years, Illana moved to Vancouver Island to become head of TOSH. She is also a member of Creative Coast's Steering Committee (www.creativecoast.ca).

June 5 Spring Dinner - Time and place to be announced.

June 12 AGM (Qualicum Beach Civic Centre)

Opportunities to be adventurous

Everyone needs this friend that calls and says, “Get dressed, we're going on an adventure.”

Consider joining me -

Thursday, 11 am, October 27th 'I am my mother's daughter' exhibit at the Campbell River Art Gallery followed by lunch and a visit to 'Standing in the Gap: Cecil Dawson' at the Campbell River Museum

Saturday, 11:30am, October 29th CFUW Nanaimo celebrates Women's History Month luncheon with guest speaker, Carole James

Sunday, 2:30pm, November 13th Mozart's Requiem, St. Andrew's United Church, Nanaimo

Friday, November 18th University Women's Club Vancouver presents 'Christmas at Hycroft'

Monday, December 5th, 12 noon, CFUW PQ Christmas Dinner, Bayside Restaurant

Contact Mary Ellen

mecampbell@shaw.ca

250-752-0868

Repeat Invitation to Join Global Outreach

We're holding our Fall meeting on Tuesday, October 18 in Qualicum Beach at 2:30. If you're interested in joining us, please phone 250-752-7321 for further information.



*Interesting Fact: Many club members have served abroad as volunteers or have spent part of their careers working in developing countries. They have a lot of skills and knowledge about life abroad which is valuable for Global Outreach's work. Perhaps you are one of those people!

(Contributed by Wendy Reimer.)

**So Many Very Fine Books (and puzzles)
(and some very hard working people)**





Pictures were taken by June Arnett, Sharon Sawkins, Jacqueline Russell, and Barbara Bond.

Talking Circle on Indigenous Issues

Three members of the Talking Circle attended the Campagnolo Lecture Series in Restorative Justice at the Sid Williams Theatre, Courtenay with a dinner pre lecture in the Native Sons Hall with a sumptuous meal catered by As You Like It.

The lecture series was created In recognition of Ms. Iona Campagnolo's life-long commitments to justice for First Nations, equity for women and men around the world and here at home, her notable work on behalf of the protection of the environment, and her frequent contributions as the Community Justice Centre of the Comox Valley Society's "Ambassador for Restorative Justice", the Community Justice Centre launched an annual lecture series in her name.

On October 12, 2022, Dr. Cindy Blackstock delivered her thoughts and reflections on the possible roles of Restorative Justice and Restorative Practices in Indigenous Child Protection and the place they may have in Reconciliation work more generally. She included comments on the impact of the recent final settlement of her human rights complaint concerning discriminatory practices around child protection for Indigenous children and families.

Past lectures may be viewed at:

<https://www.communityjusticecentre.ca/campagnolo>

2021	Senator Murray Sinclair
2019	RCMP Commissioner Brenda Lucki
2018	Honourable Jody Wilson Raybould
2017	Rt. Honourable Adrienne Clarkson
2016	Svend Robinson
2015	Rt. Honourable Beverley McLachlin
2014	Judge Ross Green

(Submitted by Robin Robinson.)

Talking Circle on Indigenous Issues

**Next Meeting Friday, October 21, 1pm at:
Catherine Watson's - 2020 Rena Road Nanoose
Phone: 250-240-4953**

We have been an on-going Interest Group a good number of years. Our purpose is to educate ourselves about the history and culture of Canadian Indigenous People, particularly in BC.

We believe this allows us to have a greater understanding of how Indigenous Peoples approach the world, both in the past and currently. Through having invited guests, reading, going to Indigenous cultural events, sharing with each other our personal experiences we have gained a greater appreciation for how Indigenous Peoples' approach the world and of the many problems they are and have been dealing with.

At our gatherings we have food, a great deal of exchanging information (talking) with each other, new learning and fun. We also go to events - see Mary Ellen Campbell's report on Cindy Blackstock and incorporate going out for lunch or dinner. We always come away from our time together invigorated.

Approximately once a month I, (Robin) send out information to a larger group of Club Members who interested in informing themselves about Indigenous affairs but for one reason or another do not attend our gatherings. SO please feel free to try out meeting with us or asking to be on the group's mailing list. Email or phone me for further details.

This month Catherine Watson has invited us to her home high above Nanoose Bay.
Next month are invited to new Club Member Lise Marshall's home **November 18 at 10am.**

Submitted by: Robin Robinson
 At: windset@shaw.ca
 250-752-1548

Book Box Pickup Schedule

The drop box is beside Save-on-Foods. Please send a reminder to the next person on the list , once your week is finished. Please follow the cull list and use your own garbage (this will keep the trips to the transfer station to a minimum). Once culled, PLEASE PUT THE BOOKS IN BAGS and drop them at the Storage or call Lorne Reed. Questions? Contact Sharon Sawkins or Sheila Reed

October	17 – 23	Barbara Bond
	24 - 30	June Arnett
	31 - 6	ME Campbell
November	7 – 13	Liz Douglas
	14 - 20	Lisa Marshall
	21 - 27	Joan Michel

Book Club Updates

Shrinking Violets Book List September 2022:

Next meeting October 25, topic Houses Architecture, fiction or nonfiction.

(Contributed by Val Gunn.)

CFUW-PQ QFP Book Lovers'

We meet in the small room in the upstairs of Quality Foods Parksville.

Date	Facilitator	Book
OCTOBER 13	Val	The Book Women of Toublesome Creek by Kim Michelle Richardson If interested - sequel – The book Women's Daughter
NOVEMBER 10	Linda	Cloud Cuckoo Land by Anthony Doerr
JANUARY 12	Sam	Looking For Jane by Heather Marshall
FEBRUARY 9	Susan	White Fragility: Why It's so Hard for White People to Talk About Racism by Dr. Robin DiAngelo
MARCH 9	Brenda	The Beekeeper of Aleppo by Christy Lefteri
APRIL 13		
MAY 11		

(Contributed by Sheila Reed.)

Book Review of the Month

I hope that others of you who are reading interesting things will also be inspired to tell us about it! In the meantime, I hope this one interests you! Please mail the editor, Barbara Bond at babond@telus.net with contributions or comments.

Sea of Tranquility by Emily St. John Mandel (2022) as of September 30, 2022.

I was excited to find Ms Mandel's latest book on the library's seven-day loan shelf. I knew it would be difficult to read in a week (with just a few other things going on now), but I did it, only in eight days. It is now back in the library's hands. If you do not yet know her work, you may wish to know her. She is worthwhile, in my view. And the funny thing is that halfway through this one, I began to sag and it crossed my mind that it was overly familiar ground and a bit of a disappointment. But, no, the pace picked up and there were surprises and revelations and I ended up going, "Wow." I am still, "wow." Several times I stopped and just thought through something her characters were thinking or talking about and let my mind explore an unfamiliar pathway.

In keeping with my intention to tell you only what is on the flyleaf or back cover of the book, it includes possible future(s) and time travel, so you can call it speculative fiction. Science fiction is an overused term and not strictly accurate for this book, in my view. It is about "art, time, love, and plague," but not the current plague. Plagues have struck before. The book begins in the early twentieth century with a 'remittance man', a young man sent out of England but supported by an allowance. Edwin walks in a forest on the west coast of Vancouver Island and hears a violin in a vast hall and the whoosh of an airship. He later concludes it was a hallucination and that he is in fragile mental health. But, but. Two centuries later, Olive, a

resident of the second moon colony, is on a book tour on earth. Her successful novel includes a scene in which a violin plays in an airship terminal as trees rise around him.

Anomalies like this come to the attention of an investigator in the further future who sends an agent time-traveling to discover why this is happening when it should not. We get to know Gasperry and his childhood friend, Talia, a physicist who works for a mysterious quasi-governmental agency.

Yes, it is human and tender, as well as intellectually playful, as the cover says. It also gives us an opportunity to consider our own time, in which a virus has disrupted our lives, as it has before. If such a thing as time travel were possible, would it not be tempting to save some people who do not know that the virus will devastate their lives. Could one prevent it? Time travel is not exactly common in the future, but not all that impossible-sounding, given the success of the simulated environments in which many humans live and work at that time. Are we as important as we think we are? Is what we think is real, really real? Is time linear? Just because we can, ought we? The novel may well open your thinking and let you revisit trains of thought, even as you come to care deeply about the people in it.

And it is the people and their relationships that endure. Even as humankind endures repeated pandemics and accommodates massive changes (we can live on the moon in the future?), we survive and carry on. We work. We marry and have children. We meet old friends again. We care about ourselves and our loved ones. We revel in simple beauty. We produce literature and make music. We do what is right to do, even at a cost. We meet and get to know Edwin, aimlessly wandering in the west coast forest in 1912, Olive enduring successive interviews in 2205 and missing her family, and Gasperry, bored and restless in his job in 2407, ready to have an adventure and connect with someone he knew years ago. (The years are approximate, as I had to return the book and failed to make a note. I will be buying it when I can.)