

Canadian Federation of University Women – Parksville / Qualicum



Our Theme this year:

Strong Women – Making a Difference

December 2022

Executive/Leadership Team Members:

President: Mary Ellen Campbell (250-752-0868)

Past President: Valerie Gunn (250-468-7536)

Vice-President: open position

Communications: Tammy Exner @ tamexner@gmail.com

Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <https://cfuwpg.ca>

Meeting: January 09, 2023 at 7 PM at the Qualicum Civic Centre

Program: Coming Together to Protect Nature

Speakers: Denise Foster and Lynne Brookes

What To Look For:

President's Report

Speaker Information and Poster

CFUW National Update

New Book on Montreal Massacre

Global Outreach – Tanzania, Pakistan, Guatemala

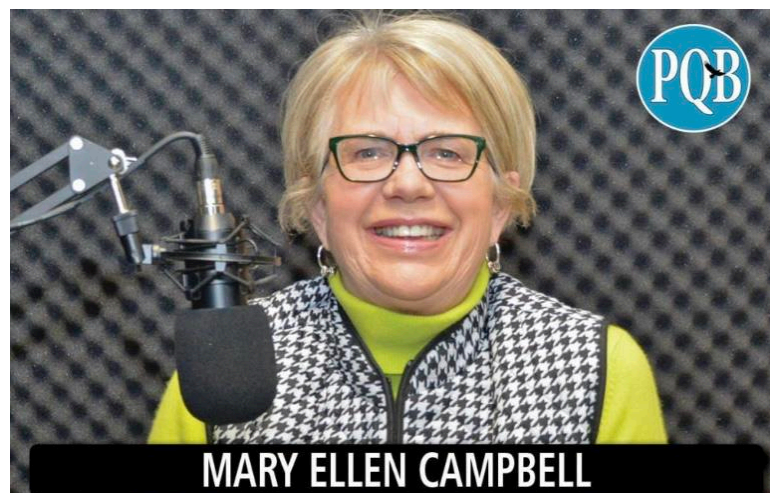
Christmas Auction, Community Outreach

Talking Circle on Indigenous Issues Celebration

2023 Book Sale Preparation, Book Box Pick-up Schedule

Book Clubs, Book Review

President's Report



From CFUW National:

Gender-based violence is one of the most pervasive human rights violations in the world. Each year from November 25th to December 10th, individuals and organizations participate in the global 16 Days of Activism campaign and call for the elimination of violence against women, girls, and gender diverse people.

2022 marks the 31st anniversary of the 16 Days of Activism campaign. CFUW clubs and members can be trailblazers in their communities by raising awareness for the prevention and elimination of gender-based violence during the 16 Days - and throughout the year! Unequal power relations, sexism, racism, ongoing colonial violence, and discriminatory legal dispositions all have a profound impact on the prevalence of violence against women and girls in our society. Preventing and addressing violence against women requires a broad spectrum of actions that starts with our inner circle of friends and family and goes all the way to our national and international governing institutions.

For 2022, the focus is on:

1. Gender Based Violence on Post Secondary Campuses
2. Gender Based Violence of Indigenous women and girls in Canada
3. Gun Violence and Gender Based Violence

What can you do?

- As an individual, send your MP a letter about the need for the swift implementation of the National Action Plan.
- As a Club, write your Mayor or City Council to light City Hall orange or purple throughout the 16 Days. Write an Op-Ed or Letter to the Editor about a pressing Gender Based Violence issue and your ideas on how to address it.

- Plan a vigil to commemorate the 14 women who were killed in the Montreal Massacre on December 6, 1989
- Reach out to Indigenous community partners about hanging red dresses in your area to raise awareness about missing and murdered Indigenous women & girls
- Wear orange or purple throughout the 16 Days to show your solidarity with survivors and victims of GBV

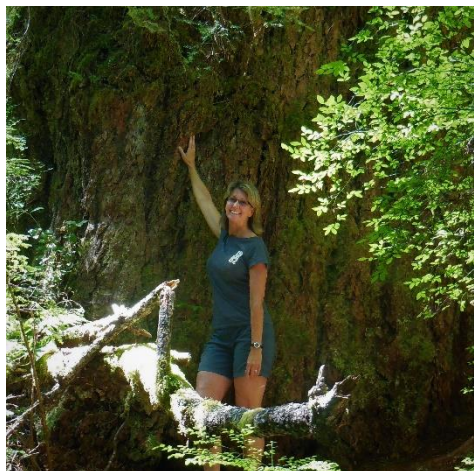
Program Information

Presentation title: **Coming Together to Protect Nature**

Last year, thousands of people across Vancouver Island and beyond came together in an amazing effort of collaboration to establish the new French Creek Estuary Nature Preserve--but what comes next? Denise and Lynne will provide an update on this special community acquisition and future plans to restore this habitat for wildlife to thrive and people to enjoy.

Did you know that this new nature preserve is connected by French Creek to the largest wetland in central Vancouver Island? Discover the vital role Hamilton Marsh plays in the French Creek and Grandon Creek watersheds, as a refuge for nature, and why this biodiverse gem merits protection.

Presenters:



Denise Foster, Co-founder and Chair
Save Estuary Land Society
Member, Mid-Island Stewardship Caucus
Born and living on Vancouver Island, British Columbia


Denise witnessed the power people hold to protect nature at a 1974 protest at Skagit Valley Provincial Park. When a potential development at the French Creek estuary on Vancouver Island threatened Bald eagle habitat, she co-founded the Save Estuary Land Society and mobilized the greater community to protect it. With a background in human kinetics, Denise admits she isn't the usual face of conservation but believes anyone with determination and passion can make a difference.

Lynne Brookes, PhD, President, Arrowsmith Naturalists
 Director, North Island Wildlife Recovery Association
 Instructor, VIU Elder College
 Member, Mid-Island Stewardship Caucus

Lynne grew from being fascinated by nature, to studying and teaching about it, to desiring to protect it. Leading nature interpretive programs as a teen, some years later she was teaching biology and ecology at a university in Peru and providing in-service training for secondary science teachers eager to update their teaching methodologies. During work in Costa Rica, she was inspired by local teachers working to raise awareness of the importance of nature around their communities and the growing need to protect it. While living in the Midwest, she became active in prairie restoration and land acquisition working closely with the Iowa Natural Heritage Foundation.



Moving with her husband to Vancouver Island in 2010, Lynne embraced the stunning nature found within the internationally recognized UNESCO Mount Arrowsmith Biosphere Region in which we live. When she first saw the French Creek estuary land, she recognized the great ecological and community value of this site, she dove in to work with Denise and the many others who assisted in the effort to protect and now, steward, this very special place.


 **THE POWER OF WOMEN
WORKING TOGETHER**
Advocacy • Learning • Friendship

CFUW Parksville-Qualicum
Strong Women Making a Difference

What's next for the French Creek Estuary?

Speakers:


- **Lynne Brookes, PhD**, President of Arrowsmith Naturalists and Director, North Island Wildlife Recovery Association
- **Denise Foster**, Co-Founder & Chair of Save Estuary Land



**Monday, Jan. 09,
2023
7:00 pm**

Join CFUW-PQ in person at the
Qualicum Beach Civic Center

All Welcome!



www.cfuwpq.ca

CFUW Visual Identity and Re-naming Announcement

After careful consideration of member feedback, the organization's communication needs now and in the future and the human and fiscal costs of a name change, the Board has made a decision. On November 1, 2022 the Board unanimously accepted the recommendation of the Special Committee on Visual Identity and Renaming and voted to move to the use of the acronym **CFUW** in public and internal communications. The Board also accepted the Special Committee's recommendation regarding rebranding and voted to move forward with a branding refresh which will include a new tagline that describes our work, logo and suite of key messages.

Key messages will include recommendations on how to answer the question what does CFUW stand for? Canadian Federation of University Women will continue to be the organization's legal name and honors the heritage of our founding activists who were university graduates. The Special Committee on Visual Identity and Renaming (VIR) will be working with the Communications and Membership committee on the rebranding under the leadership of Sheila Service, VP BC and Chair of the VIR and Communications committees. The consulting firm KiK has already been engaged and started work around CFUW naming and rebranding. In due course, Clubs will be advised of the communication changes you will be asked to make and the National Office will provide technical support and a suite of tools to assist you.

Branding is important but at the Club level, our membership will only grow if prospective members experience CFUW clubs as welcoming to all women who share our Vision, Mission, and Values.

I attended my first RD Committee meeting and what a thrill to hear that some clubs are not only replacing the loss of members but are experiencing substantial growth! Demonstrating that we are an inclusive welcoming organization that cannot wait.

On behalf of the Board, thank you in advance for your continued patience during a time of transition and discovery. If you would like to reach me or communicate with the Board, please email boardmember@cfuw-fcfdu.ca.

Joy Hurst
President

Commemoration Dec 6

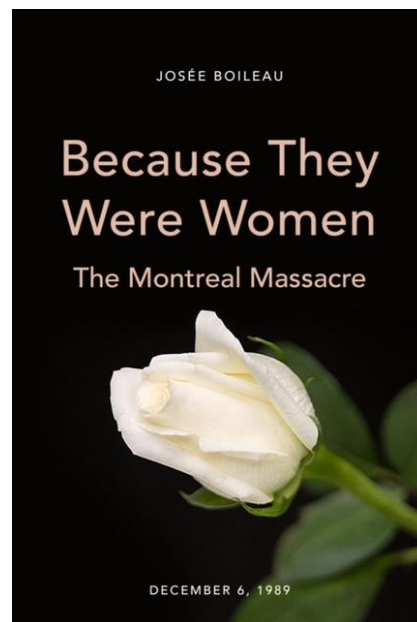
Because They Were Women

Fourteen young women, murdered because they were women, are memorialized in this definitive account of the tragic day that forced a reckoning with violence against women in our culture. The victims of what became known as the “Montreal Massacre” are remembered, their lives cut short on December 6, 1989 when a man entered École Polytechnique and systematically shot every young woman he encountered. The killer was motivated by a misogyny whose roots go far beyond one man and one day. This book examines how December 6 precipitated an entire cultural shift in thinking around gender-based violence.

About the Author:

Josée Boileau, author of *Because They Were Women*, has been a journalist for more than thirty years, many of those for Quebec’s *Le Devoir* newspaper, where she became Editor in Chief. Today, she is a current affairs commentator for CBC/Radio Canada and *Chatelaine*, and a book columnist for *Journal de Montréal*. She has received a number of honors, including the Hélène-Pednault prize in recognition of her feminist activism. She lives in Montreal.

(Contributed by Mary Ellen Campbell.)



Global Outreach

News from Tanzania

We were concerned with the state of our new Tanzanian student **Magdalena James’** teeth in her first school picture. We contacted CHES Canada Board Member, Chris Harker, who responded right away. He thanked us for our concern and sent the following information.

“Getting dental help in the Katesh area is a problem as there are no dentists. Just doctors. We (CHES) will always deal with any medical issues when and if they arise, it’s part of the programme and we budget for it. Having said this, it is very unusual for any of our kids to have dental issues as they tend to have some of the strongest teeth in the universe. This is caused by an enormous amount of fluoride in the natural waters of Hanang. The downside of this – as you have noticed – is that it stains the teeth. Some more so than others. Although we see it as

unsightly, it is so common there that few give it a thought. Hopefully this answers your question but please get back to us with any follow-up you might have. “

Here is a letter and new picture of Magdalena. Note the change in her address which now includes the school's full name.



Daniel Noud Secondary School,
P.O.Box 242, Katesh – Hanang,
Manyara, Tanzania

28th July, 2022

Dear CFUW Parksvill/Qualicum University Women,

How are you? I hope that you and your family are all right. Also I and my family are fine too.

I would like to tell you about my village. My village name is Gabadaw – labay is found near Mount Hanang. In my village there are different things and animals. There is forest and scattered trees and grasses. So there is cold weather at July, August and September.

Also I would like to tell you about my school. My school's name is Daniel Noud Secondary School. It is found near the road from Katesh to Singhida. It is also located in Mogitu village. In my school there are teachers who teach different subjects. There is also buildings which are classrooms, toilets, kitchen and laboratory. We learn nine subjects which are Physics, Chemistry, Basic Mathematics, Biology, History, Civics, Geography, Kiswahili and English language. I prefer Science subjects, the physics, Chemistry and Biology, because I understand their teachers well.

Lastly, Thank-you very much for your Sponsorship to me and to pay for my school requirement. I promise you that I will study hard in order to achieve my dream to be a nurse.

Yours Sincerely,
Magdalena James

[MJ's Form 1 Term 1 marks place her 4th out of 110 girls in her form and she got 73% in Math! We have to be prepared for a drop in Form 2 when all new material is studied.]

Developments in Literacy

How is DIL coping with the recent monsoon floods in Pakistan??

CFUW PQ member Janet Farooq has provided some up-to-date information about ‘our’ Ghazi DIL school in North Nazimabad. This suburb of Karachi was not affected by the recent floods because it is in an urban area with adequate drainage facilities. Pakistan was still recovering from the impact of COVID-19 when the floods swept away lives, homes and livelihoods - worsening the education crisis in its wake. Children are now at a greater risk of dropping out of school due to displacement, loss of family income and damage to the education infrastructure. Many are taking up work to support their families and girls are at an increased risk of child marriage to reduce the burden on the family.

DIL Canada Stats:

*However, the flood crisis has disrupted learning for ‘an estimated **3.5 million children**’ putting them at risk of dropping out of school.

*Many DIL schools in south Punjab and Singda were flooded or destroyed. DIL organized a series of relief drives focused on specific areas. They have thus provided over 1,300 ration bags (equivalent to over 500,000 meals) to DIL students and their families.

*They have also provided medical care through arranging medical camps in their schools. At the same time families were given clothes and bednets and discussions were held on measures to prevent malaria and food-borne illnesses.

*By the way, for the last 25 years, **DIL** has been providing low-cost, high-quality education to thousands of deserving children across Pakistan—currently educating over **29,000 students in 138 schools**.

*DIL students have only a **4%** dropout rate (compared with 41% national average).

***99%** of DIL students complete their primary school education (compared with only 57% national average).

***88%** of DIL students make the transition to high school (compared with only 14% national average).

Success Story at Aldea Maya, Guatemala

The Chuk Muk women’s nutrition and cooking classes began in May, 2022 and the women are “loving this program”, says Louise Sosa, club member of CFUW PQ. These families are very poor and never invite another family over for a meal. These classes are filled with laughter. Each participant goes home with the exact food they need to remake this meal at home. Aldea Maya has been trying to get the villagers to eat chaya. Chaya is a highly nutritious leafy green, resembling spinach or kale. It used to be part of the traditional diet before the Conquistadores

invaded. The school gardeners grew it, took it home and grew it there, but didn't eat it. The cooking classes taught the women many recipes containing chaya. As the plants were already growing in their yards they are able to now feed their families cheaper meals that are highly nutritious.



(Contributed by Wendy Reimer.)

CHRISTMAS IS COMING and SO IS OUR AUCTION

Yes, we will have an Auction at our Christmas Luncheon, but like so many events these days there will be a change; in fact, a return to former times. The Auction will be fully Silent, just as it was when originally started over 25 years ago. And that means we are asking you to think very carefully about any item/s you plan to donate. Will it sell for a good amount? As usual there will be auction sheets to be filled out when you arrive with an item so that bids can be recorded easily. It also means that we and Haven Home, Parksville will be hoping that your bids will be generous. Payment can be in cash or by cheque to CFUWPQ with Christmas Auction in the memo line.

As a preview of one item you'll find at the auction look at the photo below. This is a "Maggie Scarf" that is unlike any you already have been lucky enough to buy. It's fine felting on silk, 9 1/2 inches by 45 inches and as you can see in grand bright colours. You'll note it comes with its own gift box.

See you at the Auction Tables on the 5th, Lorna

(Contributed by Lorna Miller.)



Community Outreach



This basket was available at the fundraiser in November for the SD69 Backpack Program.

(Contributed by Lorna Miller.)

Reason to Celebrate



The Talking Circle on Indigenous Issues made a toast to our new Canadian Citizen, Lisa! Congratulations! Welcome to our beautiful country!

(Contributed by Sheila Reed.)

2023 BOOK SALE Information and Schedule for Pick-Up of Donations

CFUW PQ book sale team - Sharon Sawkins, Claire Tallman, Joan Michel

Where: Arrowsmith Agricultural Association/Coombs Fairgrounds - Arrowsmith Hall

When: Sunday, September 24 to Sunday, October 1, 2023

Book Storage

Storage locker – Island Self Storage - 1304 Alberni Hwy, Unit # 6105

Storage contact – Erin Holmes - phone 250-752-1467 or Sheila Reed - phone 250-954-2226

Volunteer organizer – Lorne Reed - phone 250-954-2226

After completing your week, call Lorne or Erin:

-to arrange to meet at the storage locker

OR

-to arrange for book pick-up at your house

Please cull the books as directed below and put the rejected books in your own garbage. **PLEASE LEAVE THE CULLED BOOKS IN BAGS.** Lorne will pack and stack.

Book Culling

When collecting books from the drop-box at Save-on-Foods, or receive books from neighbours or friends or an estate, **PLEASE** follow these **NEW*** guidelines:

1. DO NOT ACCEPT

- any book with a MILDEW or other smell, or physical damage
- any atlas, community-group cookbook, dictionary, encyclopedia, magazine, medical book, reference book, textbook, or yearbook (Not enough of these books sell to justify the expense of moving and disposing of them; discard them in your garbage.)

2. ACCEPT only if in Very Good Condition, regardless of date of publication

- fiction
- biography, memoir, autobiography
- local/BC history especially on lumbering & fishing & First Nations (customers look for these)

3. **NEW*** For all other books, **PLEASE** check the publication date on the copyright page and
ACCEPT only if the publication date is 2015 or later, and only if in Very Good condition
4. **NEW*** Do NOT accept DVD's, CD's, or VINYL. (Not enough of these books sell to justify the expense of moving and disposing of them.)
5. **ACCEPT only if in perfect condition**
 - nce jigsaw puzzles with all the pieces. The pieces must be in a sealed plastic bag, in the box.

Book Donations Pick-Up

Book donations drop-box – outside the entrance to Save-On-Foods, on the right-hand side

Pick-up supervisor - Erin Holmes – 250-752-1467

Directions: If your week does not work for you, please try to trade with someone else. If you need to withdraw from picking up books, please call Erin. **Please call the next person on the list to remind them that it is now their turn** once your week is finished.

Please follow the guidelines above to cull the books and use your own garbage (this will keep the trips to the transfer station to a minimum). Once culled, **please put the books in bags** and arrange for storing them (see [Book Storage](#) above).

October 2022 – October 2023 Schedule of Book Donation Drop-Box Pick-Ups

Oct. 3 -9	Jacqueline Worboys	Oct. 10 - 16	Noreen Ballantyne
Oct. 17 - 23	Barbara Bond	Oct. 24 - 30	June Arnett
Oct. 31 – Nov.6	Mary Ellen Campbell	Nov.7 – Nov. 13	Liz Douglas
Nov. 14 – Nov. 20	Lisa Marshall	Nov. 21 – Nov. 27	Joan Michel
Nov. 28 – Dec. 4	Pat Morrison-Wheeler	Dec. 5 – Dec. 11	Valerie Gunn

Dec. 12 – Dec. 18	Lorna Miller	Dec. 19 – Dec. 25	Sheila Reed
Dec. 26 – Jan.1	Sheila Reed	Jan. 2 – Jan. 8	Erin Holmes
Jan. 9 – Jan. 15	Sherrol Tait	Jan. 16 – Jan. 22	Christine Pagan
Jan. 23 – Jan. 29	Brenda Pengelly	Jan. 30 – Feb. 5	Sheri Plummer
Feb. 6 – Feb. 12	Jacqueline Russell	Feb. 13 – Feb. 19	Sharon Sawkins
Feb. 20 – Feb. 26	Vivian Sears	Feb. 27 – March 5	Bonnie Stableford
March 6 – March 12	Claire Tallman	March 13 – March 19	Valerie Tutti
March 20 – March 26	Catherine Watson	March 27 – April 2	Maureen Woods
April 3 – April 9	Jacqueline Worboys	April 10 – April 16	Noreen Ballantyne
April 17 – April 23	Barbara Bond	April 24 -April 30	June Arnett
May 1 – May 7	Mary Ellen Campbell	May 8 – May-14	Liz Douglas
May 15 – May 21	Lisa Marshall	May 22 – May 28	Joan Michel

May 29 – June 4	Pat Morrison-Wheeler	June 5 – June 11	Valerie Gunn
June 12 – June 18	Lorna Miller	June 19 – June 25	Erin Holmes
June 26 – July 2	Sherrol Tait	July 3 – July 9	Christine Pagan
July 10 – July 16	Brenda Pengelly	July 17 – July 23	Sheri Plummer
July 24 – July 30	Jacqueline Russell	July 31 – Aug. 6	Sharon Sawkins
Aug. 7 – Aug. 13	Vivien Sears	Aug. 14 – Aug. 20	Bonnie Stableford
Aug. 21 - 27	Claire Tallman	Aug. 28 – Sept. 3	Valerie Tutti
Sept. 4 – Sept. 10	Catherine Watson	Sept. 11 – Sept. 17	Maureen Wood
Sept. 18 – Sept. 24	Jacqueline Worboys	Sept. 25 – Oct.1	Sheila Reed
Oct. 2 – Oct. 8	June Arnett	Oct. 9 – Oct. 15	Noreen Ballantyne

Book Club Updates

Shrinking Violet Book Club Tuesday October the 25th

Theme; Houses, Architecture, Tiny Buildings, Non-Fiction or Fiction.

Margaret Angus - The Old Stones of Kingston –Stone Buildings Before 1867 Kingston

Jennifer McKendry - With our Past Before Us

studies of the built environment in Kingston, ON, a city rich in stone architecture.

“Oh much I wish that I were able
To build a house like Cartwright’s stable.
For then I should feel no remorse,
To be worse housed than Cartwright’s horse.”

“This ditty was written about the extensive free-standing stables that were part of an Italianate stone mansion on the outskirts of Kingston, built by John S. Cartwright in 1841.

Caroline Woodward - *Light Years: a Memoir of a Modern Lighthouse Keeper* 2015

“The personal account of a lighthouse keeper in 21st century British Columbia.”

Nancy Horan – *Loving Frank*

Novel about Frank Lloyd Wright, his life and mistresses.

He introduced the concept of open plan living built in furniture in his houses.

A.S. Byatt – *the Children’s Book*

Novel based on interconnected families, from 1895 though WW1, with fictionalized characters of William Morris Arts and Crafts homes, the designer of V&A museum and many writers of the era.

Judith Flanders – *The Victorian House*

Social commentary on how houses were run and women were supported by domestic servants

Philip Davies - *Lost London 1870 – 1945*

Photography of lost buildings destroyed in the Blitz

Francesca Wade – *Square Haunting – Five Writers in London Between the Wars*

Group portrait of five women writers, including Virginia Woolf, Dorothy Sayers who lived in Mecklenburg Square

Charles Belfoure – *The Paris Architect*

Novel, architect designing places to hide Jews during German occupation

Christopher Alexander – *A Pattern Language*

Text on what works in town planning, house design and construction and why

(Contributed by Val Gunn.)

VIRL Books on Housing, Small houses, granny flats, carriage houses.....

Accessory Dwelling Units

Backyard Bungalows Inc. {Victoria}

Better Homes Upgrades Under \$600

Creating the Not So Big House: Sarah Susanka c2001

*Downsize Living Large in a Small House: Sheri Koonen c2019 Excellent

Granny Flats: Modules Idea Independent Living

Granny Flat Solutions

How to Build Your Own Tiny House: Roger Marshall

*In-Laws, Outlaws and Grannie Flats: Litchfield c2011

Inside the Not So Big House: Sarah Susanka & Marc Vassallo c2005

LIDA Homes, Saanich

The Little Book of Living Small: Fenton

Living Large in Our Little House: Kerri Fivesoat Campbell c2016 Not useful, too much text

*Prefabulous: Small Houses: Sheri Koonos c2016 Excellent Foreward by Robert Redford and great photos.

Senior Living magazine is now Inspired 55+ Lifestyle, available in Nanaimo's QF

*Small Homes the Right Size: Lloyd Kahn c2017 Excellent, including home of Gloria and Graham Herbert on Hornby Island. BC and Western States.

*Small Space Style: Whitney Leigh Morris c2018 Excellent

(Contributed by Wendy Reimer.)

CFUW-PQ QFP Book Lovers'

We meet in the small room in the upstairs of Quality Foods Parksville.

Date	Facilitator	Book
OCTOBER 13	Val	The Book Women of Toublesome Creek by Kim Michelle Richardson If interested - sequel – The book Women's Daughter
NOVEMBER 10	Linda	Cloud Cuckoo Land by Anthony Doerr
JANUARY 12	Sam	Looking For Jane by Heather Marshall
FEBRUARY 9	Susan	White Fragility: Why It's so Hard for White People to Talk About Racism by Dr. Robin DiAngelo
MARCH 9	Brenda	The Beekeeper of Aleppo by Christy Lefteri
APRIL 13		
MAY 11		

(Contributed by Sheila Reed.)

Book Review of the Month

I hope that others of you who are reading interesting things will also be inspired to tell us about it! In the meantime, I hope this one interests you! Please mail the editor, Barbara Bond at babond@telus.net with contributions or comments.

French Braid by Anne Tyler as of November 03, 2022

As with the last book I read, this one popped onto the library hold shelf. I prioritize reading the library books, even though they no longer levy fines. And - guess what? – there is another one

there waiting for me! At this rate, I am having trouble getting to the others in the stack. This one must have been ordered after I read a review.

It is a domestic novel, by which I mean primarily about a family. The book begins with a chance meeting in a train station of cousins who have not seen each other for some years. So, we begin knowing that the family is not as closely involved as some are. (Although, I have cousins I have never actually met, due to my father being one of eleven children.) Then, we move back in time to the summer of 1959 when the Garrett family takes their first and only vacation - for a week in a lakeside cottage.

They are, at that point, heading in different directions. The mother, Mercy, is working towards prioritizing her painting and turning it from a hobby to a lifestyle. The father, Robin, took a quick break from the hardware store that has consumed his working life. The teenage daughters – steady, responsible Alice and boy-crazy Lily – are disinterested in each other and the vacation. And David, the youngest, is going in his own direction, which is making up stories with his toys and certainly not learning to swim in the lake.

The title is intriguing and I kept wondering about the reasons the author chose it. One thought is that families, like French braids, add strands as they go – as spouses join and children are born. The family, predictably, is no longer centred with those parents, in that house, on that street. As their lives and choices lead them elsewhere, the dynamics are inevitable and familiar. Yet, the connection endures. I began to lose track of some of the spouses and some of the many children. And as the grand-children grow, go off to school, get married and have children of *their* own, I stopped trying to remember who was who. It probably would have been an idea to make a family tree, but perhaps occasional confusion is a normal part of any multi-generational extended family.

Fairly late in the book, one of the characters explicitly compares families to French braids, with something I had not considered – how tight braids like that leave the hair kinked. The effect endures, even as the braids are unravelled. And Tyler knows that families are not always kind, even as they continue to associate with each other. They can be kind and caring, sometimes unexpectedly so, as when no one mentions certain situations that are evident to all of them. They also know each other's weak and vulnerable points, of course, and some engrained attitudes persist a long time. One person is frustrated that her family cannot seem to remember the name by which she prefers to be called. The book ends during the pandemic so it is very current.

So, to explore a family that is not your own and consider how most families are similar in some ways, get to know the Garrets. You can smile and sympathize and nod with familiarity as they live their lives. These are not deep profound truths, they are a version of the things you already know. You can refresh your understanding of the enduring imprint that we make on each other. And you can smile as you are reminded of the difference between loving and liking.