



Canadian Federation of University Women – Parksville / Qualicum



Our Theme this year:

Strong Women – Making a Difference

June 2023

Executive/Leadership Team Members:

President: Mary Ellen Campbell (250-752-0868)

Past President: Valerie Gunn (250-468-7536)

Vice-President: open position

Communications: Tammy Exner @ tamexner@gmail.com

Club Address: Box 113 Qualicum Beach, BC, V9K 1S7 See: <https://cfuwpq.ca>

Program(s): Spring Dinner/ Social at Ricky's restaurant in Parksville, June 5, 5:30

AGM June 12, Qualicum Beach Civic Centre, 7 PM

Speaker: none

Date: June 5, 5:30; June 12, 7PM

What To Look For:

President's Annual Report, Program Information and Request

BC Council AGM Seminar Report

Annual Reports: Program Past President, Treasurer, Program, Social Media, Membership, Global Outreach, Scholarship & Bursary Trust Interim Report, Executive Secretary, Archivists, Baskets

Global Outreach

Legacy Gift

ALS Event

Book Sale Message

Book review, Book sale Information and Book Box Pickup Schedule

President's Annual Report



Our CFUW Club started our year off with success! At the CFUW National AGM, we were recognized for nominating 'The Wonderful World of Books' for the CFUW Library Award. Our nomination was selected and our club was acknowledged at the AGM and received a special recognition certificate. The Library Award is another notable way in which CFUW, national, provincial, regional and local, can help within our communities.

Another proud moment was when one of our members, Val Gunn, was appointed Regional Director for Vancouver Island causing us to reflect on 25 years ago when the first Regional Director for Vancouver Island was our Bev Walls.

Staying with success, our membership increased to 55 members. Our 37th annual book sale was a financial success providing revenue for our club projects and our scholarships. Our book sale is dependent upon the community donating books year-round and then coming to the book sale to buy more books which they can donate again. It's a winning cycle. Our book sale committee is so well organized that the set up for the sale starts on a Sunday with three days of selling and over \$10,000 is raised. Our community tells us we have the best organized sale – no surprise once you meet our members

This was the year that our members said let's try doing things differently. In the past, we recognized that many of our members attended the first hour of our meetings, the program component but did not stay for the second hour which was the business meeting. We decided to try a different approach: we still have eight program meetings but only four of those meetings have a business component. It seems to be a successful approach. We have aptly handled all of the business of the club within the required four business meetings (required in our bylaws). In the past, we always had a 15 minute break for refreshments between the program and business portion of the meetings. This seems to be the one thing the members are missing - that opportunity to socialize. Stay tuned – a solution will be offered.

Doing things differently within leadership occurred, as well. Our club has experimented with a 'Leadership Circle' approach versus the usual 'Executive Committee'. This translates into the president being responsible for National, Provincial, Regional CFUW business and delegating the chairing of the business meetings to others. It seems to be a natural approach to succession. While the members had passed a motion at a business meeting to accept the Leadership Circle concept, a change in our bylaws was required. At our AGM, the amended bylaws will be presented.

In November, we held our Ninth Annual Red Dress Campaign, coinciding with the 16 days of awareness of gender violence. Over 35 red dresses are hung in various locations such as libraries, fire halls, municipal, provincial and federal elected officials' offices, art galleries and police station. On November 25th, a ceremony with our First Nations Elders, MP, MLA, mayors, councilors and members of the public attended. We were delighted that the Honorable Gudie Hutchings, Minister of Rural Economic Development was in our community on the same day and was able to attend.

In December, 40 of our members celebrated the Christmas season with a festive lunch and silent auction. We have had a silent and not so silent auction for the past 27 years with money raised for our local Haven Society which operates a safe house in our community.

On March 8th, our club hosted a successful International Women's Day lecture "From Cairo to Cape Town on Bicycle" with 195 people attending.

Our club has a vibrant Talking Circle on Indigenous Issues, Knitting Group and a variety of book clubs with the most intriguing names – 'Shrinking Violets Book Club', 'Quality Foods Book Lovers' and of course, 'Thursday Morning Book Club'.

Challenges for the club involve finances – creating a budget that ensures our projects can be funded while ensuring our main fundraiser and portion of fees provides the required revenue. A lot of work for our treasurer and her Finance Committee but somehow, they make it work.

Recently, one of our members wrote in their annual report that our club is made up of women with the privilege to make a difference. That statement has stayed with me. I believe it aptly describes us; our capacity to make a difference in our own lives, our members' lives, our community, our country and internationally. Not everyone has that privilege; not everyone with the privilege wants to make a difference, putting the two together – privilege + desire to make a difference is powerful.

I thank you for the opportunity to provide leadership within the club; of course, that opportunity translates to education for me. I like that!

(Respectfully submitted, Mary Ellen Campbell.)

Program Information

Many of the club members will gather for the Spring Dinner – see announcement just below.
The AGM will be on June 12, at the Qualicum Beach Civic Centre, at 7PM. Read the Program Annual Report for next season's plans for speakers and programs.

CFUW PQ Spring Dinner

JUNE 5, 2023 AT 5:30

At Ricky's – in their meeting room

1480 Huntley Rd. Parksville

We will order off the menu and pay our own bill.

Please let Sheila (Reed) know if you plan to attend by May 24.

They need the numbers to ensure adequate staff.

(Contributed by Sheila Reed.)

Volunteers needed for program 2023-2024

Great news!

All program speakers have been booked for fall 2023 and winter 2024.

See the program annual report.

For the fall 2023, winter 2024 program to function and be successful, the leadership circle is calling for volunteers to contact, confirm the arranged speakers beforehand, distribute the program details to the newsletter a few weeks before.

On the evening of the meeting to greet the speaker, review any audio-visual needs (half hour before). Arrange for an introduction and a thank you person and make arrangements for honorarium for the speaker to be available, from treasurer.

All the tasks can be done by a different woman each month, because I know you have busy lives.

I am looking volunteers for months of September, October, November, January, February (Zoom), May.

Please contact me by email, available on the website

Program coordinator 2023 - 2024

Val Gunn

BC Council AGM Seminar Report

I had the opportunity to attend a seminar, presented by Cathy Peters, Ending Human Trafficking for Sexual Exploitation. BeAmazingCampaign.org

She explained sexual trafficking for the purpose of prostitution is the fastest growing crime in the world, targeting our youth, especially first nations, children, and vulnerable. It is a very lucrative crime. There are low costs and huge profits for today's slavery, a trafficker can make hundreds of thousands of dollars **per victim**.

The average age of entry into prostitution is 12 –14 years of age in Canada although traffickers are targeting children as young as 8, for grooming purposes. The dramatic increase in child sexual exploitation has occurred along with production and consumption of child pornography. Unregulated technology has increased the demand for commercially paid sex.

The biggest problem in Canada is that the public is unaware of the issue. Women, youth, children, the marginalized and vulnerable will become potential targets and victims unless we do something to stop this.

Some facts.

Availability of pornography exploded with the advent of the internet, becoming a third of watched content. It is a massive, lucrative industry and is a macro-social problem globally.

By age 10 boys look for pornography

By age 12 90% of boys have watched pornography

Pornography viewing is very serious for youngsters, it called it causes deep ruts in their young developing brains which are not easily removed.

Pornography embodies sexual exploitation, increases the demand for paid sex so the supply must increase, it teaches violence and demeans and objectifies women. Men are more likely to rape and use sexual force in their own relations which leads to violence against women.

Pornography destroys the three skills that sustain society: the ability for intimacy, connection and empathy.

Prostitution trafficking and pornography are all interrelated. Stop governments decriminalizing prostitution.

What can be done, by parents.

Protect children by being engaged, setting limits on social media use do not assume youth or children are not viewing. Inform them of the risks and dangers of the Internet and social media, have open dialogue, know where to turn for help. Take care of your child's emotional needs, pay attention to your child, know your children.

Demonstrate healthy relationships.

Where can you get help?

Cybertip.ca or NeedHelpNow.ca or DontGetSextorted.ca

Human Trafficking Hotline: 1 833 900-1010 24/7, 200 languages, Canada wide

(Contributed by Valerie Gunn.)

Annual Reports

Annual Program Report for CFUW PQ

Over the past year, we've had five speakers (one cancellation) at our meetings. Most of the meetings were held at the Qualicum Beach Civic Centre (QBCC) but for the first time we held several meetings at the McMillan Arts Centre (MAC). We purchased a membership at MAC for \$50. Although MAC is a lovely venue in many ways, some members found it cold during evening meetings and the set up wasn't quite right.

For the 2023/24 season, we will again hold meetings at QBCC (Sept., Oct., Nov.). But, rather than MAC, I have booked rooms at the new Parksville Community Centre (behind Starbucks) for Jan., Apr. and May. The facility has the technical equipment we need. February's speaker will be via Zoom so hopefully we can hold our entire meeting on Zoom. We need either a club membership for Zoom or use someone's personal account.

All the relevant information (contacts, facility booking info, etc.) will be handed off to the new Program team, which Val will set up. We will need someone to organize Christmas and Spring dinners, as well as IWD.

Speakers for next year:

September 11, 2023 - Norma Cameron, the storyteller who spoke to us in October 2023 will be back with a new story to tell. She'll speak for about 30 minutes and then the plan is to have time for members to socialize.

October 16, 2023 - Selena Pope, a master gardener who recently moved to Qualicum Beach, will talk about winter gardening for bees, butterflies and birds. She's presented this talk several times to various groups and comes well recommended. She has asked that someone provide her with a laptop for her presentation.

November 6, 2023 - Andrea Blakeman, CEO of Ballenas Housing Society (previously called Affordable Housing), is responsible for all the new developments from Cedar through QB including the new large complex in Parksville. Andrea does a lot of speaking on the housing crisis for low-income families and is delighted to come and speak to us.

December 2023 - Christmas lunch/dinner - To be decided.

January 8, 2024 - Nancy Randall is founding director of the Vancouver Island University Teaching and Learning Centre. Since retiring, she decided to dedicate the next decade to learning about climate change and has conducted climate change workshops through VIU Elder College. Nancy will speak to us about what concerned citizens can do about climate change and share practical examples of climate actions that can make a difference. Nancy and Linda Fullalove will share examples of their climate action plans.

February 12, 2024 - Silvia Mangué (who was scheduled to speak last February but was ill) has agreed to rebook to speak to us via Zoom during Black History Month. She is the President of the BC History Awareness Society and Founder of the Victoria African & Caribbean Society. Silvia will speak about the history and impact of Black settlers who came to Vancouver Island in the 19th Century.

March, 2024 - International Women's Day - Program to be decided

April 8, 2024 - Resolutions and Budget - No speaker.

May 13, 2024 - Linda is working on booking someone from the Deep Bay Marine Centre to speak to us about strategies being used to protect our fragile coast.

June 2024 - Spring Dinner and AGM - No speaker

(Contributed by Sonya Felix.)

Annual Report Past President 2022-2023

This year has been a pleasure and privilege to be your past president. This position in the Leadership Circle is not onerous, the only task being to chair the nomination committee. This is active in spring, to make sure positions for the Leadership Circle are filled. Many of you may have had a phone call from the committee recently.

I also have the pleasure of being the Vancouver Island representative on the BC Council. This job means I chair meetings of the Vancouver Island presidents or representatives for the clubs 2-3 times a year where we discuss topics and if necessary forward discussion to the council or national.

(Contributed by Valerie Gunn, Past President.)

Treasurer's Year-End Report - 2022-23

This year the Club resumed activities and the Club's finances followed a much more familiar pattern than during the 2 Covid-curtailed years.

Highlights from this year include:

- Revenue returned to a close-to-normal pattern.
- Memberships exceeded the budget's 40 projected members, with 50 full members and 5 joint members. The increase in 10 members added \$620 to the Club's revenue after CFUW and BC Council fees were paid.
- The Book Sale was a great success. Net revenue of \$8,690 was slightly under projection (\$404).
- Unplanned revenue from International Women's Day (IWD) in March 2023 was a major factor in helping balance this year's spending. Donations of \$1,220 were added. Without this unplanned income, the Club would have had a deficit of about \$1,000.
- **Ear-marked funds set aside in the Contingency fund over the past 2 were spent as designated:**
 - All the \$2,500 set aside for the website redevelopment was spent. Without the incredible number of hours provided by our members, costs for the web designer would have been significantly higher.
 - The \$500 International Women's Day (IWD) allocation unspent when there was no 2022 event was used for IWD this year.
 - The Advocacy Red Dress Pin monies were fully spent. About \$150 was used towards the honorarium and travel for Dr. Laura Cranmer, our September speaker. The balance of \$385 was donated to the Island Crisis Society.
 - The \$500 saved last year when there was no IWD event was used for IWD this year.

Committee chairs spent judiciously, and the Executive monitored costs, making small reductions where possible. Unsurprisingly, costs for almost everything crept up this year, akin to in the economy:

- Venue rentals were higher than planned
- IWD March 2023 exceeded budget by almost \$500, even using last year's carryover
- A different format for the New Members event added \$200

As of early May, **it appears there will be a surplus of about several hundred dollars this year.**

Planning next year's budget was complex: normal operating costs are higher, committee requests are slightly higher, and the Book Sale will incur extra one-time expenses, reducing revenues. This would have produced a deficit of \$2,893. Consequently, the Finance Committee recommended small reductions to Global Outreach, the Scholarship & Bursary Trust, and Book Sale costs, along with no spending on Advocacy next year. The major savings (\$1,500) will come by only holding a public International Women's Day event in alternate years, with the next event in 2025. The Executive endorsed this proposal and members voted in favour of it at the April 10th meeting.

My thanks to Noreen Ballantyne, Vicky Burton and Christine Pagan for their hard work and wise advice in preparing the 2023-24 budget.

(Respectfully submitted, Bonnie Stableford – Treasurer)

Social Media Committee Annual Report

Committee Members (in alphabetical order):

Tammy Exner, Erin Holmes, Christine Pagan

Activity Overview

Our priorities for the period July 2022 to June 2023 were:

- Launch updated website
- Create and manage online Member Survey
- Support Facebook and any other online activities, such as YouTube

All activities were delivered on time and close to budget, thanks to volunteer time.

Financial Summary (as of April Financial Summary)

2022-23 budget

Total website & social media budget: 2022-23: \$3075.00

Spend to date: ~\$3515.17

Overspend of funds: ~\$440.17 (registration of domain name, Site Hosting; unanticipated survey admin costs)

2023-24 budget

Website budget: \$500.00 (annual hosting fee, domain renewal fee, 3rd party site maintenance - site security, software updates, etc.)

Social Media budget: no costs anticipated

Activities:

Website

- Created new structure for website
 - Worked with “Websites Made With Love” (WMWL)
 - Created new/updated content for each committee/interest group
- Rolled out new website in November 2022
 - Presented overview to members
 - Provided user manual and tutorials on request
- Ongoing updates and maintenance

Survey

- Created online survey for members
- Collated results
 - Highlights (questions 7-12) for Leadership Circle on May 15, to inform programme
 - Detailed package for President and Leadership Circle
- Will present results to club in September (or sooner), agree on outcomes and actions

Day-to-Day

- Facebook: ensure synchronicity of website and FB links
- Support Leadership Circle as required

Looking Ahead, the Committee will:

- Continue to keep the website up to date, managing new materials, archiving out-of-date information, and providing training to members as required.
- Provide technical assistance to other groups, such as Business Cards graphics for Membership, email forwarding, assistance with Microsoft and similar office applications.
- Liaise with WMWL to ensure website integrity is maintained (e.g. Site security software updates, etc)

(Contributed by Tammy Exner, Erin Holmes, Christine Pagan.)

Membership Annual Report

Five-year summary of our membership

Year	Net Total Members	New Members	Returning Members	Did not renew	Dual
2022-2023	55	7	5	6	5
2021- 2022	49	10		28	5
2020 – 2021	52	2		17	-
2019 – 2020	68	6		8	-
2018 – 2019	79	11		9	-

We welcomed back five previous members, as well as 7 new members. The new members connected with us through volunteering for the book sale, by knowing other members and exploring the website. Two of our new members work full time and are finding time to fit us into their schedules as they believe in our mission of supporting women and girls. We WELCOME all of you!

The new members made connections through the meetings, book clubs and working at the book sale storage unit.

The membership brochures were left at the Senior Centres in Parksville and Qualicum Beach, were given to people who donated books, handed out at the book sale, and given to members to pass on.

The new Members' Tea was held at the beginning of May in the meeting Room at Knox. We were able to invite all members to attend. The feedback was very positive.

Suggestions for 2023 – 2024

- Our CFUW PQ club is like many non-profit organizations who have had a membership decline through COVID. To come up with strategies to grow membership and keep us connected, the Leadership Circle passed a motion to have a Membership Team. We would like a few more members to join our team. Presently we have four including the membership coordinator.

- The Fireplace Meeting Room at Knox has been booked for Sunday, January 21, 2024 from 1:30 to 4:30 to hold the New Members Tea which will include all members. Food suggestions from our experience this year:
40 cups decaffeinated coffee – regular coffee in the small pot, herbal and regular tea and order cookies from a local bake shop. Provide condiments as well as a pitcher of water.
- Instead of making the brochure, we will be making business cards to direct the public to our website which gives a comprehensive overview of CFUW and all our events.
- Name tags were ordered, and another order will happen early in next term as some present members have requested them.

(Contributed by Sheila Reed, Membership Chair.)

Global Outlook Annual Report, 2022 – 2023

The budget in 2022 to 2023 was a little lower than in previous years because our club had fewer members after a COVID slowdown. Most of our budget is met through members' fees paid annually. Therefore, we spent \$1200:

\$600 to support a young woman in secondary school in Tanzania through CHES (Canadian Harambee Education Society). This amount covers a year of schooling for a needy but bright girl to attend boarding school and study safely.

\$300 to DIL (Developments in Literacy) to support a primary school in Karachi, Pakistan. The school is funded by Canadians who want young girls to get an education and eventually marry someone who respects her right to an education and her right to work outside the home if she wishes. The school teaches boys and girls, but the curriculum is girl-centered. Much of the staff is female, as well.

\$300 to Aldea Maya in Guatemala. Aldea Maya, based in Canada, Supports a school, helps out the families of the children, instigates gardening techniques and cooking classes to improve nutrition for the village. Currently we help fund a young woman in her wish to become a nurse.

Our club has been supporting students from the developing world for years. At Christmas 2022 some club members wrote a card to 'our' students in TZ. We would really like to encourage corresponding with our students.

Because we have people in our club who are familiar with each of the school situations, we are confident that our students are safe and indeed, being educated. We appreciate the role of our contacts, keeping us informed of news from Tanzania, Guatemala and Karachi.

Our club's involvement in these worthy efforts is important. For example, our CHES student may very well finish the equivalent of Grade 12 and then move into post-secondary education and have a career. All this in one generation. It is an exciting time for Africa and its young women. The women in our club are privileged to be in the position to make a difference.

(Contributed by Co-Chairs Catherine Khan and Wendy Reimer.)

Scholarship and Bursary Trust Interim Annual Report 2023

The Trust has been able to meet in person for their meetings and the camaraderie is evident by the discussions that take place. The members this year are: Janet Farooq (Corresponding Secretary), Sonya Felix (Recording Secretary), Val Gunn (Assistant Corresponding Secretary), Wendy Reimer (Member at Large), Val Tutti (High School Liaison), Maureen Wood (Treasurer), Jackie Worboys (Publicity), and Sharon Sawkins (Chair). They have worked very hard on behalf of the Trust and CFUW PQ. This year Maureen Woods and Sharon Sawkins will be retiring.

Joining the Trust will be June Arnett and Christine Pagan. There have been some major projects that have been worked on by the Trustees. The first was bringing the Legacy brochure up to date. It is now posted on the CFUW PQ website. The Calendar of Tasks is being revised at every meeting and will be finished by the end of our calendar year. This is the guideline that is used by the Trustees throughout the year to ensure that tasks are completed in a timely manner. The biggest project was the complete revision of the university application forms undertaken by Janet Farooq and Val Gunn. These are available on the website. Students graduating from our local high schools no longer apply for the scholarships through CFUW PQ but instead do it through the contact person at their school. This began during COVID and has worked very well so we have continued the practice.

New this year was our nomination for the 100+ Men's group as one of its members asked to sponsor us. To date we have not been successful in being awarded the funds but remain optimistic. Our nomination is also with the 100+ Oceanside Women. We did receive a bequest this year from a former member as well as very generous support from many of our present and past members. Thank you! When reading the BC Council report on the activities of the CFUW clubs in the province, it was very gratifying to see how well we are doing. Although not anywhere near the largest club with respect to membership we are the third largest in terms of the amount that we award in scholarships and bursaries. We can be very proud of this!

(Submitted by Sharon Sawkins, Chair.)

Executive Secretary's Report to CFUW PQ AGM June 12, 2023

To the best of my knowledge this will be the first report to a CFUW PQ AGM from a Secretary. Since there have been a few changes adopted in recent years, I thought they should be recorded.

Secretarial duties for CFUW PQ have been divided; there is now one secretary for Executive Meetings and another for Club Business Meetings.

The Agendas for the meetings are created by the secretary from the reports sent by Officers and Committee Chairs and received by a deadline, and these reports are sent out with the agenda. This allows all attending the meeting to come well prepared for it and makes the task of the secretary easier.

Minutes now focus on decisions as the reports are attached providing more depth. Depending upon the preference of the President, the secretary sends the completed minutes to her for distribution or the secretary sends the minutes out directly.

(Contributed by Lorna Miller, Executive Secretary, April, 2023.)

Archivists' Annual Report 2022/2023

After several years of enforced inactivity caused by the pandemic lockdown and administrative problems at the Parksville Museum, we have finally swung into action. Noreen met the new archivist volunteers from Parksville which enabled us to start a working relationship between them and the club. The archivists were concerned about the amount of space taken up by our records – it is the largest collection in their archives --and proceeded to conduct an evaluation of the collection. They concluded that our records did not belong and communicated that they intended to de-accession them. Therefore, they offered us the chance to remove them.

We are now in the process of gradually transferring our records, assessing them and reducing the contents to the essential items. Qualicum Beach Museum has offered to take our records but, as they only have limited space, it's essential that we retain only those items that fit our criteria. With the assistance of Lorna Miller, we have completed the task of assessing the photo albums. Over the next few months, we shall work our way through the documents.

(Respectfully submitted by Noreen Ballantyne and Maggie Hawes, Co-Historians.)

CFUW PQ Basket - Annual Report for 2022-2023

Baskets given out in the Community

Altogether there were 18 baskets given out this club year. Fourteen baskets went to Forward House, one for a man and one for a woman, to celebrate events on the calendar such as Thanksgiving and Valentine's Day. All had a retail value of at least \$100. There were 4 baskets given to support fundraising activities; three went to Forward House's Dragonfly Dinner and one to Rotary for their Backpack Programme at District 69 Schools. These could be valued in excess of \$175 each. All the content for these baskets was donated.

Baskets for CFUW PQ Events

Modest baskets were prepared for each of our in-person meetings, tickets were offered to all attendees. Two more substantial baskets were prepared for the New Members' Tea, each on a Spring Gardening theme. Tickets for these were offered to new members in attendance. Again, all the content was donated.

(Contributed by Lorna Miller, April 2023.)

New Members' Tea

All were invited to a New Members Tea on Sunday May 7th in the “fireplace room” at Knox United Church in Parksville. Since the Club hadn’t hosted a New Members event for three years, some of the “new” faces were very familiar! Attendees enjoyed delectable goodies and beverages provided by the Leadership Team. Membership Co-ordinator Sheila Reed had no trouble at all encouraging conversation, and everyone enjoyed the opportunity to mingle, laugh, chat and socialize.



(Pictures and note contributed by June Arnett.)

Global Outreach

Letter from our Student

Daniel Noud Secondary School,
P.O. Box 242,
Katesh – Hanane,
Manyara – Tanzania.
23rd December 2022

Dear CFUW Parksville/Qualicum University Women,

It's my hope that you and your family members are all fine. I am fine too and I am doing well with my studies here at my school

I would like to tell you about my studies. In my school I am studying ten subjects but for now I am studying nine subjects which are Kiswahili, History, English Language, Physics, Basic Mathematics, Chemistry, Biology, Geography, and Civics. Furthermore, in my school, there is a high cooperation among the teachers and students because our teachers give us weekly test, past papers, different books as well as help us to make group discussions with my fellow students in order to find the solution of difficult questions. So this way help me to perform well in my studies here at school. Also, these methods help me to improve the academic performance for all students.

Also, I would like to wish you wonderful Christmas and prosperous New Year 2023. I promise you that I am studying very hard in order to reach my dream because when I grow up I would like to be a nurse.

Thank you very much for your sponsorship and may God bless you. Give my sincere greetings to your friends and your family members.

Yours Sincerely
Magdalena James

Marks: Civ. 27, Geo 54, Hist 69, Kisw 70, Eng 66, Phy 38, Chem 70, Bios 50, Maths 61, Agric
Total, 505, Av 56, :Position 5/88

Letter Writing Advice

I'm Going to Sit Right Down and ... by Chris Harker

*This is an article in CHES' latest newsletter, written by a CHES Board Member, printed with permission. The girl our club supports is in Tanzania. Her name is Magdalena James and she's 15 or 16 years old. Please use the school's address shown at the bottom of this article. Global Outreach

Many of you reading this newsletter have a girl in Kenya or Tanzania that you're sponsoring. For many of you, she's not your first girl. You have every right to feel pleased and proud of yourself as you are responsible for dramatically altering the life of each young woman you support—and altering it very positively.

But how many of you write to your girl? Regrettably, many sponsors don't. However, as I've had the privilege of being in Katesh and watching a number of girls receive and read a letter from their sponsor, I can assure you it is a moving, meaningful and heart-warming moment. The excitement, the sharing, the puzzlement ("What is hockey? What is a bear? What is a skateboard?") are wonderful to witness. That letter communicates to each girl that "my sponsor is a real person (or group) who, despite never having met me, obviously cares for me enough to write." Most sponsors who write describe their family, their hobbies, and their activities. Food and pets are also popular. If sponsors have kids or grandkids the same age as their girl, get them to write too. Often a photograph or two is included. That's a great idea. But if you're thinking of writing, please don't include any small gifts or paper money as this heightens the risk of it failing to arrive.

Writing or typing letters for many of us is becoming a forgotten practice. For most CHES girls, letter writing is something they have never done until being instructed in Form I to "write to your sponsor." That explains why many of you receive letters that may appear formal and structured. They are being told how to write a letter and what they may want to put in it. In many cases the formula is followed without a great deal of personal input and creativity. We also have to realize that these girls are writing in their third language. How many of us are adept enough to write in even a second? Many of the girls do not realize that it is customary to respond to points made in letters they receive. We are trying to change this but it will take some time.

The letters you receive twice a year are mailed from the CHES office. Don't expect a spontaneous reply to a letter you send as purchasing a stamp would be unaffordable for virtually every girl. If you have received a letter from your girl, a return address to their school is probably included. So, if you'd like to make the lovely young lady that you sponsor a whole lot happier, please wander over to your computer and spend a few minutes telling her a bit about you and your family. Your letter will be treasured.

Magdalena James,
Daniel Noud Secondary School,
P.O. Box 242,
Katesh-Hanang,
Manyara Region
Tanzania 27301

Legacy Gift from Former Member



Many of our members will remember former member, Daphne Kellett and through Daphne's generosity, our Scholarship and Bursary Trust received a gift of money as a beneficiary in Daphne's will.

Daphne was born in North Bay, Ontario on December 3, 1920 and passed away in Qualicum Beach on April 13, 2021.

Being a good student and relocating several times during her school years enabled Daphne to skip whole grades as she changed schools. By age 16 Daphne had finished High School at Riverbend (now Balmoral Hall) in Winnipeg. Then it was off to the University of Manitoba to earn an Arts degree.

Working afterwards as a printer's proof reader, Daphne got the desire to pursue a career in journalism, so off she went in 1940 to Northwestern University in Chicago to earn a degree in journalism. Upon returning to Winnipeg she continued working in the print industry where she met her love, Edgar. Daphne's only child, Sandy, was born in 1951. Life was good as Daphne enjoyed being a suburban housewife and Edgar continued as a print industry executive. When the 1960's arrived Daphne was ready for a bigger challenge so she returned to the University of Manitoba to achieve a Master's Degree in French, followed by a Teacher's certification, and in 1965 Daphne became a school teacher. She taught English and French at Junior High and High Schools in Winnipeg.

In 1970 Edgar started his own printing company, Kellett Copy Centres, and Daphne joined him in the new business the following year. They worked hard and after a few years they were successful enough to be able to enjoy some travels together.

Throughout Daphne's life she had many different interests and passions. A short list might be: people, languages, politics, old silver, china, family, literature, travel, debate, finance. If you wanted a conversation, you could depend on Daphne! No conversation was ever complete without her honest unfiltered opinion about the topic being discussed. Loyalty and generosity were Daphne's lifelong traits. Whether it was family, friend, one of her causes, or even a stranger she would help out to the best of her ability. Unselfishly, she wanted to make the world a better place.

Mid-Island - 2023 Move to Cure ALS on June 11, in Parksville

This event aims to bring together family and friends in support of ALS patients in BC and Yukon. The ALS Society of British Columbia is holding similar Move to Cure ALS events across BC in June. Participants will help raise awareness and funds for The ALS Society of British Columbia, which uses the funds raised to support people living with ALS and to support research into ALS, through Project Hope, at UBC. All funds raised in BC and Yukon will remain in BC and Yukon.

Starting at 12.00 noon, participants will walk, run or “move” along the designated route, which will start at the Parksville Civic & Technology Centre on the Craig Street side, and proceed south up Craig Street, across eastwards on Despard Avenue, then north on Corfield South, before turning back westwards on Jensen Street until, at the corner with Craig Street, turning up Craig and back to the Parksville Civic & Technology Centre.

Registration for those who want to “move” at the event is now available on-line, but registration will also be available on June 11 starting at 11.00am, at the Parksville Civic & Technology Centre. There will be hot dogs/food available.

There is an on-line raffle, with the prize being a WestJet package (donated by Westjet). There will be a second raffle, with a Golf package prize (kindly donated by the clubs, to play on the Nanaimo Golf Club and, with carts provided by Stormin Golf Enterprises, on the Cowichan Golf Club). The draws for both raffles will take place on June 11, after the walk is completed.

Details of the June 11 event and the WestJet raffle are on the ALS BC website at www.alsbc.ca on the page for the Walk to Cure ALS - Mid-Island, (https://secure2.convio.net/alsbc/site/TR?fr_id=1979&pg=entry). Raffle tickets for the Golf package can be obtained in advance, after 28th May, through midislandwalk@alsbc.ca or in the morning of June 11 at the event.

The ALS Society of British Columbia is a registered charity (number 10670-8985-RR0001).

If you want to volunteer at the event, or have questions, please email Lisa Marshall or midislandwalk@alsbc.ca

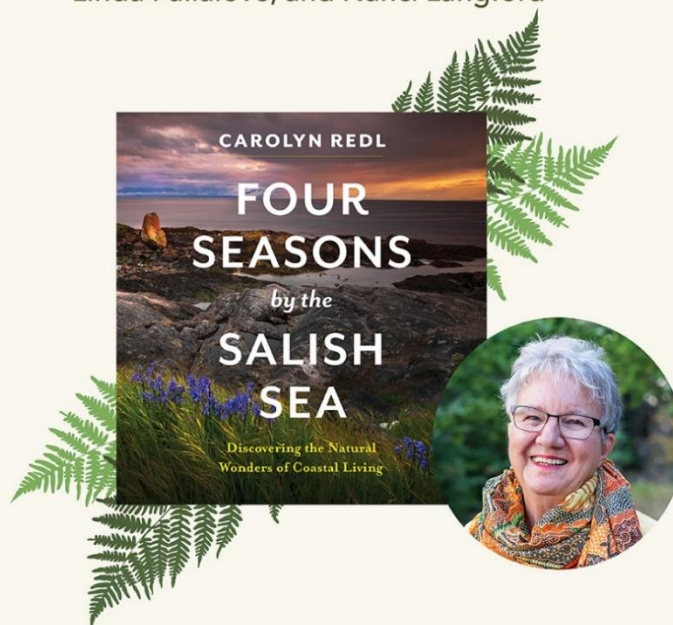
Thank you.

(Contributed by Lisa Marshall.)

On Local Nature

AUTHOR TALK & PANEL DISCUSSION

Carolyn Redl with photographer Nancy Randall,
Linda Fullalove, and Nanci Langford



Saturday, May 27
3:00-4:30 pm

The Forum: Parksville Civic
& Technology Centre
Parksville, BC

BOOKS FOR SALE | EVERYONE WELCOME



(Contributed by Mary Ellen Campbell.)

Book Sale Information

The book sale group have set some priorities and made some decisions about the sale for 2023. Information about the book sale you have seen before (but possibly forgotten) follows the rest of the newsletter, to remind you of the book box pickup schedule and guidelines for handling donations.

Book Sale Message, as of May 15/23

To ALL MEMBERS who have books from the drop box or other books at your home PLEASE phone Erin 250-752-6217 or Sheila 250-954-2226 so we can arrange to take them to the storage so we can sort them.

ALL MEMBERS – we are collecting the used plastic bedding plant trays that will be used to display FICTION at the sale. We would like to accumulate enough to hold all fiction as they are small to store and do not absorb odors and dust. They are strong enough for the books to stand but not to transport books. PLEASE ask your neighbours and friends to save them for us.

Thanks – Sheila Reed, Sharon Sawkins and the rest of the committee.



Book Review of the Month

I hope that others of you who are reading interesting things will also be inspired to tell us about it! In the meantime, I hope this one interests you. Please mail the editor, Barbara Bond at babond@telus.net with contributions or comments.

The Dickens Boy (2020) by Thomas Keneally

This was a book my favourite bookseller took off the shelf and offered and I bought it, not really knowing what it was about! The critic's quote on the front cover read, "An engrossing and transporting read," and so it was. Not only was I transported back in time to the 1860s, to the western part of New South Wales, Australia, I experienced that unfamiliar world in the polite and genteel language and customs of the colonial culture in the early and middle part of the nineteenth century! So, I had lots to learn: a wild part of Australia at a time long ago, in a society unfamiliar to me.

The story centres around Edward Bulwer Lytton Dickens, the youngest son of the ten children of Charles Dickens. To his father he was always Plornishmaroontigonter, familiarly called Plorn. He is more or less a failure and disappointment to his father and (at the age of sixteen) is

dispatched to Australia. There is a contact there who has promised to try to find him work and he has a brother working somewhere there. The work is on a sheep station in a territory claimed as part of New South Wales, but largely very like the wild west of the United States. There is little government attention or interference (or services) and it is largely lawless. The local sheep station manager is the closest thing to government. Many aboriginal people do live and work on the sheep stations but some remain nomadic.

Plorn is burdened by being the son of a famous father with its attendant expectations. He, however, has never read his father's books. That is a rarity at a time when many people knew the characters very well indeed and could recite entire passages by heart. Charles Dickens was then revered by most people. To Plorn, he is "the guvnor." In his struggle to be a man his father can be proud of and to be accepted as a good, trustworthy worker, Plorn has to make it plain that he expects no privileges to be granted him. His biggest advantages are that he can ride a horse and play the very popular game of cricket creditably. Add his determination to succeed and a strong moral compass, and he is a worthwhile employee. Yes, he has much to learn. And we learn along with him. It is not a flock of sheep, but a mob.

Plorn differs from his slightly older brother Alfred in his attitude toward their famous father. Plorn more or less worships him and Alfred resents the way their mother was treated in their marital separation and knows of their father's 'lady friend'. He had also noticed that characters in the books who might, just might, deserve a second chance are inevitably shipped off to the colonies, as they were. (They also have brothers in India and Canada.) So, family and sibling relations figure in the story, as does the heavy inheritance of a famous parent. Celebrity by association is uncomfortable.

Modern readers will be interested in the way the aboriginals are treated. The Acknowledgments include some material that relates to the way the Paakantji people are treated on at least one sheep station by one manager/owner. The Bonney brothers respected them and their culture.

They were not about to give the land back, but the native people on Momba station were not abused, but valued as skilled workers. It was not always so.

It took a bit of time to get used to the comparatively turgid speech and manners that were the genteel fashion of the time. I never have had much acquaintance with Thackeray, Tennyson, Bulwer-Lytton, or Dickens himself so references to his literature passed me by. Much was humorous, much was exciting, and much was just plain interesting. It transported me to another time, place, and situation.

2023 BOOK SALE Information and Schedule for Pick-Up of Donations

CFUW PQ book sale team - Sharon Sawkins, Claire Tallman, Joan Michel

Where: Arrowsmith Agricultural Association/Coombs Fairgrounds - Arrowsmith Hall

When: Sunday, September 24 to Sunday, October 1, 2023

Book Storage

Storage locker – Island Self Storage - 1304 Alberni Hwy, Unit # 6105

Storage contact – Erin Holmes - phone 250-752-1467 or Sheila Reed - phone 250-954-2226

Volunteer organizer – Lorne Reed - phone 250-954-2226

After completing your week, call Lorne or Erin: to arrange to meet at the storage locker or to arrange for book pick-up at your house

Please cull the books as directed below and put the rejected books in your own garbage. **PLEASE LEAVE THE CULLED BOOKS IN BAGS.** Lorne will pack and stack.

Book Culling

When collecting books from the drop-box at Save-on-Foods, or receiving books from neighbours or friends or an estate, **PLEASE** follow these **NEW*** guidelines:

1. DO NOT ACCEPT

- any book with a MILDEW or other smell, or physical damage
- any atlas, community-group cookbook, dictionary, encyclopedia, magazine, medical book, reference book, textbook, or yearbook (Not enough of these books sell to justify the expense of moving and disposing of them; discard them in your garbage.)

2. ACCEPT only if in Very Good Condition, regardless of date of publication

- fiction
- biography, memoir, autobiography
- local/BC history especially on lumbering & fishing & First Nations (customers look for these)

3. NEW* For all other books, PLEASE check the publication date on the copyright page and

ACCEPT only if the publication date is 2015 or later, and only if in Very Good condition

4. NEW* Do NOT accept DVD's, CD's, or VINYL. (Not enough of these books sell to justify the expense of moving and disposing of them.)

5. ACCEPT only if in perfect condition

- nice jigsaw puzzles with all the pieces. The pieces must be in a sealed plastic bag, in the box.

Book Donations Pick-Up

Book donations drop-box – outside the entrance to Save-On-Foods, on the right-hand side

Pick-up supervisor - Erin Holmes – 250-752-1467

Directions: If your week does not work for you, please try to trade with someone else. If you need to withdraw from picking up books, please call Erin. **Please call the next person on the list to remind them that it is now their turn** once your week is finished.

Please follow the guidelines to cull the books and use your own garbage (this will keep the trips to the transfer station to a minimum). Once culled, **please put the books in bags** and arrange for storing them (see [Book Storage](#) above).

October 2022 – October 2023 Schedule of Book Donation Drop-Box Pick-Ups

Oct. 3 -9	Jacqueline Worboys	Oct. 10 - 16	Noreen Ballantyne
Oct. 17 - 23	Barbara Bond	Oct. 24 - 30	June Arnett
Oct. 31 – Nov.6	Mary Ellen Campbell	Nov.7 – Nov. 13	Liz Douglas
Nov. 14 – Nov. 20	Lisa Marshall	Nov. 21 – Nov. 27	Joan Michel
Nov. 28 – Dec. 4	Pat Morrison-Wheeler	Dec. 5 – Dec. 11	Valerie Gunn
Dec. 12 – Dec. 18	Lorna Miller	Dec. 19 – Dec. 25	Sheila Reed
Dec. 26 – Jan.1	Sheila Reed	Jan. 2 – Jan. 8	Erin Holmes
Jan. 9 – Jan. 15	Sherrol Tait	Jan. 16 – Jan. 22	Christine Pagan

Jan. 23 – Jan. 29	Brenda Pengelly	Jan. 30 – Feb. 5	Sheri Plummer
Feb. 6 – Feb. 12	Jacqueline Russell	Feb. 13 – Feb. 19	Sharon Sawkins
Feb. 20 – Feb. 26	Vivian Sears	Feb. 27 – March 5	Bonnie Stableford
March 6 – March 12	Claire Tallman	March 13 – March 19	Valerie Tutti
March 20 – March 26	Catherine Watson	March 27 – April 2	Maureen Woods
April 3 – April 9	Jacqueline Worboys	April 10 – April 16	Noreen Ballantyne
April 17 – April 23	Barbara Bond	April 24 -April 30	June Arnett
May 1 – May 7	Mary Ellen Campbell	May 8 – May-14	Liz Douglas
May 15 – May 21	Lisa Marshall	May 22 – May 28	Joan Michel
May 29 – June 4	Pat Morrison-Wheeler	June 5 – June 11	Valerie Gunn
June 12 – June 18	Lorna Miller	June 19 – June 25	Erin Holmes
June 26 – July 2	Sherrol Tait	July 3 – July 9	Christine Pagan

July 10 – July 16	Brenda Pengelly	July 17 – July 23	Sheri Plummer
July 24 – July 30	Jacqueline Russell	July 31 – Aug. 6	Sharon Sawkins
Aug. 7 – Aug. 13	Vivien Sears	Aug. 14 – Aug. 20	Bonnie Stableford
Aug. 21 - 27	Claire Tallman	Aug. 28 – Sept. 3	Valerie Tutti
Sept. 4 – Sept. 10	Catherine Watson	Sept. 11 – Sept. 17	Maureen Wood
Sept. 18 – Sept. 24	Jacqueline Worboys	Sept. 25 – Oct.1	Sheila Reed
Oct. 2 – Oct. 8	June Arnett	Oct. 9 – Oct. 15	Noreen Ballantyne



CFUW PQ BOOK SALE

and PERFECT JIGSAWS

COOMBS FAIRGROUND

new hours for 2023!

Wed. – Sat., Sept. 27 – 30, 9 am to 7 pm

Sun. Oct. 1 ~ *HALF PRICE* ~ 9 am to noon

Books \$3.00 each – Cash Only

Bargain Books \$1.00 each

Please bring your own bag.

Proceeds support educational scholarships for women & girls – locally and internationally.

Book Donation Drop Box is located at Save-On-Foods.