



**Our Theme this year:**

**Conversations that Matter**

**October 2026**

**Leadership Circle Members:**

**President:** Christine Pagan [president@cfuwpq.ca](mailto:president@cfuwpq.ca)

**Co-Vice Presidents:** Di Groffen, Dana Goedbloed [vp@cfuwpq.ca](mailto:vp@cfuwpq.ca)

**Treasurer:** Kath Northrup [treasurer@cfuwpq.ca](mailto:treasurer@cfuwpq.ca)

**Webmaster:** Erin Holmes [website@cfuwpq.ca](mailto:website@cfuwpq.ca)

**Club Address:** Box 113 Qualicum Beach, BC, V9K 1S7 See: <https://cfuwpq.ca>

**Meeting:** Oct. 05 6:30 for 7PM at St Columba Presbyterian Church

**Speaker:** June Arnett

**Program:** Scholarship & Bursary Trust

**What To Look For:**

President's Report

Program

Book Sale pictures

Fundraising Discussion

Membership

Fun Walk,

Talking Circle on Indigenous Issues

Bookish Things, Book clubs, Book review

## President's Message



Greetings everyone, September has come to an end and with it yet another rip-roaring successful annual book sale. My heartfelt thanks to everyone in the club who supported this event, from collecting and sorting books throughout the year, deboxing before the sale, clearing totes back to the storage unit, working at the sale itself, and then clearing up afterwards. The biggest thanks go to Joan M, and her core team: Sheila R., Erin H., June A., Claire T. and Sharon S. for the logistical and organisational prowess that they brought to this. But it **TAKES A VILLAGE, so Thank You Everyone.**

The **gross revenues were \$26,670**, and once all expenses are in, our **net revenues will be ~\$21,470**. That's well above our budget estimate, and thanks to lower expenses this year, our net is **>\$4,000 higher than last year's receipts.**

There was such a great atmosphere in the sale hall which played out all week, with some fun and laughter, and lots of lovely shared stories with our purchasers. Relatives and friends of our scholarship winners came to buy books and thank us for the assistance we gave 'their girls'; children came with their pocket money and left with big smiles and bags of books; and some folks came back time and time again to stock up for winter reading. I am so proud to be part of CFUW PQ, and for our club to be such a treasured group in this community.

....and now it's October, with the municipal and provincial elections looming. As you know, our organization is non-partisan - ***so we do not as a club*** - endorse candidates or parties. However, as individuals we can probe the candidates on topics that we support. I'm sharing a useful list that BC Council has created for individuals in local clubs, in case any of us are taking in any all-candidate forums or have one-on-one candidate meetings:

- **Ageing in Place:** CFUW supports the funding of and support for older adults' high-quality, accessible, affordable, and person-centred community services to enable ageing in place at home or in their preferred community setting, taking into consideration cultural diversity and the specific needs of rural, remote, and urban settings. (Health Care System - Ageing in Place: Resources for all Canadians to Age at Home and in Community Settings – 2024)
- **Affordable Housing:** CFUW supports public policies and initiatives that increase the affordability and availability of housing reflecting the human right to housing (Poverty - Affirming Housing as a Human Right and Social Good – 2025)
- **Indigenous Peoples:** CFUW supports the timely implementation and monitoring of the 94 Calls to Action recommended in the Truth and Reconciliation Commission report. (Indigenous – Achieving the Truth and Reconciliation Commission Calls to Action – 2020)

....interesting times ahead...

Christine

([president@cfuwpq.ca](mailto:president@cfuwpq.ca))

## Program

Join us on Monday, October 5 at 7:00 to learn more about the work of CFUW PQ's Scholarship & Bursary Trust (SBT).

Club member June Arnett, chair of the SBT, will take us behind the scenes to explain how the Trust works and the impact it has on women and girls in our community.

Since CFUW PQ awarded its first scholarship in 1985, more than \$600,000 in scholarships and bursaries has been awarded to local women and girls pursuing their education. In 2026 alone, the SBT awarded \$51,000 — an impressive contribution from a club of approximately 60 members.

June joined CFUW PQ in 2017 and became an SBT trustee in 2018. She'll share more about the Trust, the women and girls it supports, and the role CFUW PQ members play in making that support possible.



**SPEAKER SERIES 2026/27**

**Conversations That Matter**

**All About the Scholarship and Bursary Trust**

**Speaker:**  
June Arnett, chair of our Scholarship and Bursary Trust (SBT), will discuss how the Trust works—from funding and marketing to evaluating applications and awarding the prizes. Questions welcomed!




**Monday  
October 05  
2026**

St. Columba Presbyterian Church in Parkville  
6:30 pm: meet and mingle  
Meeting starts at 7:00 pm  
All welcome

**Realizing potential. For all women.**

Feel free to bring your own mug to our meetings at St. Columba. We'll save a bit of money...and your coffee or tea will taste better, too.

Shelley is starting to plan our speaker program for 2027/28. If you have speaker ideas, please send your suggestions to [shellevpringle@gmail.com](mailto:shellevpringle@gmail.com).

(Contributed by Shelley P.)

### 41<sup>st</sup> Annual Book and Jigsaw Sale 2026

As you are no doubt aware, the book sale has consumed a lot of time and energy just recently, but for a good reason and with a great result. For those of you who were less closely involved, the story goes as follows:







And, until the sale was in full swing, it was almost, sort-of, more or less, ready shortly afterwards at that point, as our local used book dealers arrived. Extra thanks to all our community volunteers and the cheerful, willing Pathfinders who joined us. Splendid job, all!



## **CFUW PQ Book and Jigsaw Sale 2026 Finishes on a High Note**

Congratulations to all who helped out with our 41<sup>st</sup> annual sale, the Club's primary fundraising effort. A new record in gross sales revenue was set at \$26,670, about \$4,000 higher than was achieved last year, also a record setting year. Club members, family, friends and a wonderful troop of young Arrowsmith Pathfinders came out to assist with set-up. Members who served the public over the course of the week-long sale received many compliments: CFUW is indeed a well-regarded organization in this community and its mission is applauded. A year of collecting, sorting and boxing donated books and jigsaws has paid off. Kudos to all those in the Oceanside area who donate and make the sale possible.

This November, with the wind at our back and the comfort of extra earnings, Club members are going to take the opportunity to pause and reflect on Club fundraising activities. What have we been doing in the way of fundraising over the years, why have we been doing it, what have we achieved with the funds raised, and what should we be mindful of as we look ahead. Thoughtful discussion about these topics now will help the Club in making decisions for 2027 and beyond.

The Club's fundraising retreat will be held on Friday November 6<sup>th</sup> from 10 am to 3 pm at the Career Centre in Parksville. Bring your own lunch, come ready to talk, listen and share ideas -- and be prepared for some homework in advance! CFUW PQ members interested in participating should contact Joan Michel at [booksale@cfuwpq.ca](mailto:booksale@cfuwpq.ca) to sign up.

Joan M.  
Book Sale Group and Fundraising  
1 October 2026

## **Membership Report**

### **Membership Report for Oct Newsletter**

- We currently have 59 members including several who just renewed recently and one more new member, Buzzy M.
- Updated our one page info sheet with the cumulative total of scholarships and bursaries provided (over \$627K) for distribution at the Book & Puzzle Sale
- Met with Oceanside Neighbourhood Welcome and Parksville Community Welcome representatives handling out bookmarks and info sheets to new residents

- Resubmitted an abbreviated listing to PQB News for the fall/winter edition of the Seniors Resource Directory with clear instructions for their volunteers not to edit.
- We are now listed in the RDN Active Living Magazine (Fall 2026- Summer 2027) under “Groups” on page 40, listed as Can Fed University Women’s Club [cfuwpq.ca](http://cfuwpq.ca)
- Before and during the Book & Puzzle Sale provided many posts on our Facebook page as well as to FB pages for other local organizations.

### **Coffee Klatch**

The next Coffee Klatch will be on October 20th at Serious Coffee Parksville, hosted by Val G in my absence.

(Contributed by Brenda P.)

### **CFUWPQ Fun Walk Interest Group**

The Fun Walk group is for those wanting to get some fresh air while strolling with terrific company. We will be walking along some of the beautiful easy trails in Oceanside as well as some of the lovely suburban roads. All are welcome, including those who want to set their own pace. Please contact Lisa M. if you want to be on the email list for the Fun Walk group.

We had a lovely Fun Walk on 13 September, at Rathtrevor – beautiful surroundings on a beautiful afternoon, with terrific company.

(Submitted by Lisa M)



## **Talking Circle on Indigenous Issues Interest Group**

Talking Circle participants learn about and discuss aspects of culture, history and matters concerning the Indigenous in Canada. “By understanding and respecting our cultural differences, we can move toward full reconciliation between Indigenous and non-Indigenous peoples.” [quotation from Bob Joseph and Cynthia F. Joseph in their book, *Indigenous Relations* – see book reference under suggested reading, below]

Canada, as a country, faces external and internal challenges but what impact will solutions to those challenges have on Indigenous rights? Talking Circle discussions explore the importance of, and how to work towards, Reconciliation at different levels: personal, family, community, municipal, provincial and federal.

### **Meetings:**

19 October, 2026, starting at 1:30pm.

23 November, 2026, starting at 1:30pm.

Please contact Lisa M. if you want to be on the Talking Circle email list for details on meetings and events.

### **Upcoming Events/ Important Dates:**

**25 November** is the International Day for the Elimination of Violence against Women. Please consider wearing purple to mark this day. Also on this date is the start of the U.N. 16 Days of Activism against Gender-Based Violence, and a special time to reflect on and raise awareness about the missing and murdered Indigenous women, girls and 2-spirit persons.

**6 December** is Canada’s National Day of Remembrance and Action on Violence Against Women. Please consider wearing a white ribbon on this day.

**10 December** is U.N. Human Rights Day.

### **Suggested Reading:**

“*Indigenous Relations: Insights, Tips & Suggestions to make Reconciliation a Reality*” by Bob Joseph with Cynthia F. Joseph (2019) (paperback ISBN 978-1-989025-64-2). Bob Joseph is also the author of “21 things you may not know about The Indian Act”.

“*Who we are: Four Questions for a Life and a Nation*” by The Honourable Murray Sinclair cc Mazina Giizhik (2024)(hardcover 9780771099106).

(Contributed by Lisa M.)

## **World Craft 23<sup>rd</sup> Bazaar**

When: Saturday, October 31, 2026

10:00 AM to 3:00 PM

Where: Knox United Church

345 Pym St, Parksville

Coordinator: Louise Sosa, PQ Kairos & Aldea Maya

Contact: Norma Emerson, PQ Kairos, 250-752-9057

### ANNOUNCEMENT & INVITATION

#### *ALL ARE WELCOME*

On Saturday, October 31, the 23rd Oceanside World Craft Bazaar brings artisanal treasures from around the globe to Knox United Church in Parksville. This PQ Kairos/Knox United Church event is part of one of the largest world craft fairtrade networks in BC. Vendors are the international artisans who have created the items being sold and representatives of non-profit organizations whose aid programs benefit humanitarian programs in developing countries. The Oceanside World Craft Bazaar will be open from 10 am to 3 pm on October 31, 435 Pym St, free admission, lunch available.

Items offered for sale will include: handwoven, hand printed textiles, clothing, pillows and blankets; individually designed rugs, baskets, and totes; beadwork and jewelry; greeting cards, toys and seasonal items for gift giving; ethically made personal care and cooking ingredients; plus much, much more.

Countries of origin include Ukraine, India, Nepal, Vietnam, Kenya, Uganda, Guatemala, Peru and more. In addition, there will be opportunities to meet both artisans and volunteer service providers to learn more about techniques used in creating the items and about the educational, nutrition, health, and environmental programs supported by sale proceeds.

October is celebrated widely as Fair Trade Month. Visitors to the Oceanside World Craft Bazaar can feel confident that they are making an ethical purchase and are also part of a movement that supports fair wages, sustainable practices and community development. Participating artisans and organizations, together with cosponsors PQ Kairos and Knox United Church, look forward to welcoming one and all to the 23rd Annual Oceanside World Craft Bazaar, Knox United Church, 345 Pym Street, Parksville. For more information, please contact Norma Emerson, 250-752-9057.



# WORLD CRAFT 23<sup>rd</sup> BAZAAR

**Saturday October 31st**  
**10:00AM - 3:00PM**



helping craftspeople in developing countries  
sell their fairtrade/ethically purchased goods

**ADMISSION IS FREE,  
AND EVERYONE IS  
WELCOME!**

**LUNCH AVAILABLE**

co-sponsored by KAIROS  
& Knox United



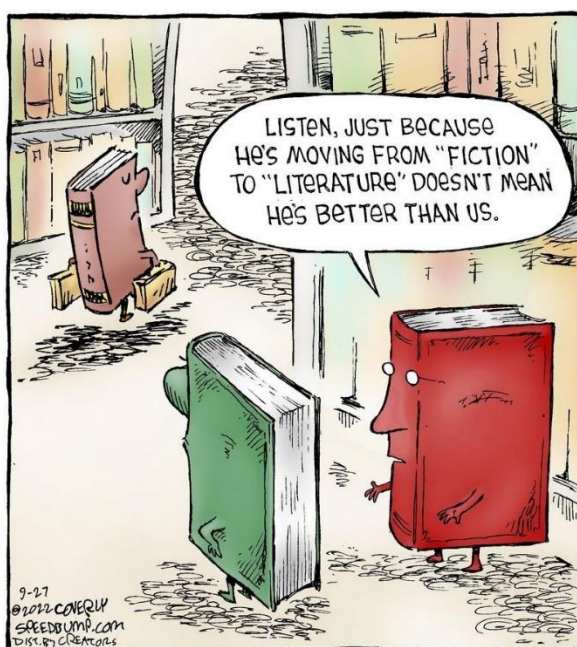
**KNOX UNITED**  
345 Pym Street,  
Parksville  
[www.kucparksville.ca](http://www.kucparksville.ca)



(Contributed by Perry P.)

## Bookish Stuff

Here is the first and (I hope) not the last picture of a bibliophile, taken in a German bookstore. No, the person does not read or understand German. She just wanted to be in that environment for a while. You have to admit that it just feels good to be in the midst of books. If you, or anyone you know or care about takes a picture of themselves in a bookstore or library somewhere in the world, please send it to us so we can all enjoy it. We may have a collection! Booklovers, unite!



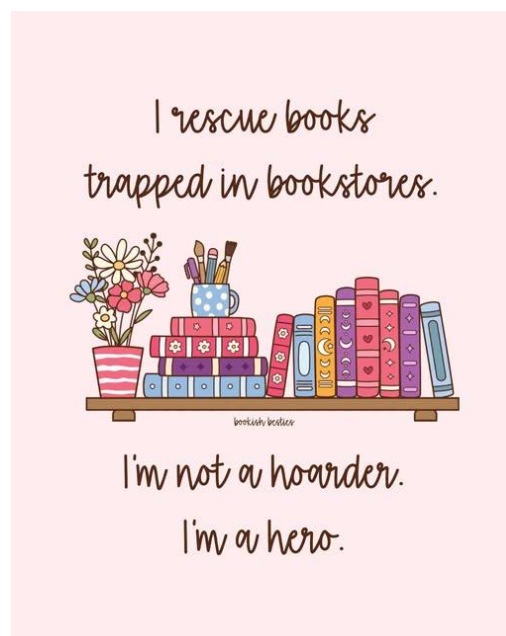
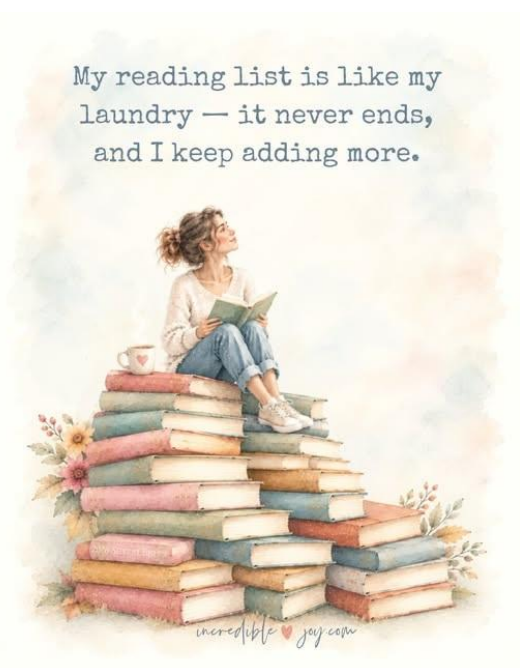
Dave Coverly, 2012

Think of your  
'to be read' pile  
not like a burden  
to work through,  
but like a wine  
cellar where you  
pick the exact  
vintage at  
the right time.



For Reading Addicts





### QFP (Quality Foods Parksville) Booklovers

We meet upstairs the third Thursday of the month at 7 p.m.

Sep 17 [Small Things Like These - Claire Keegan](#)11

Oct 15 Ellen Finding Flora - Elinor Wingate8

Nov 19 Remarkably Bright Creatures – Shelby Van Pelt

Dec 17 Searching For Terry Punchout -Tyler Hellard

Jan 21 The Finest Hotel in Kabul - Lyse Doucet

Feb 18 The Correspondent - Virginia Evans

Mar 18 The Frozen River - Ariel Lawhon

Apr 15 Lula Dean's Little Library of Banned Books - Kirsten Miller

May 20 not yet decided

(Contributed by Maureen W.)

### Shrinking Violets Book Club Tuesday, September 29, 2026

#### Theme: Siberia

- Cameron, Cecil. The Rebel Daughters. 2025
- Farrington, C.J. Death on the Tran Siberian Express. 2021

- Glancy, Diane. *A Line of Driftwood the Ada Blackjack Story*. 2021
- Hugo-Bader, Jacek. *White Fever: a Journey to the Frozen Heart of Siberia*. 2009
- Macintyre, Ben. *Agent Sonya: the Spy Next Door*. 2021
- Mowat, Farley. *Sibir*. 1970
- Orth, Stephan. *Behind Putin's Curtain: Friendships and Misadventures Inside Russia*. 2019
- Roberts, Sophy. *The Lost Pianos of Siberia*. 2020.
- Smith, Martin Cruz. *The Siberian Dilemma*. 2019.
- Thubron, Colin. *In Siberia*. 2008.
- Vaillant, John. *The Tiger: a True Story of Vengeance & Survival*. 2011

(Contributed by Noreen B.)

## **Book Review of the Month**

*The Homemade God* (2026) by Rachel Joyce

Rachel Joyce's stories are usually very worth reading, so I eagerly borrowed this one. It involves four completely dysfunctional adult siblings and their father, who they believe has gone nuts. Well, not without help. His new, very young girlfriend (only 27!) seems to have had an effect. Suddenly, he is drinking herbal tea instead of alcohol. (Is it really just tea?) He's newly slender and well-kempt. Obviously, this is a woman to investigate. She may be planning to steal his fortune! Did he find her on one of those porn sites? (If she is an artist, why have we not heard of her?) What is this masterpiece he talks of painting?

The young people grew up rather unparented, after the early death of their mother and the disinterest and ineptitude of their father, whom they nonetheless adore. A succession of au pair girls was supposed to care for them. Instead, they formed themselves into a unit, where everyone had a role. Those roles have persisted. Netta is the oldest, the smartest, and the boss. She is a successful lawyer and an alcoholic. Susan is a wonderful cook and cares for their father's apartment. Goose (actually named Gustav) cares for his father's workshop, and lives in a bed-sit in the building. Iris sells cheese in an upscale supermarket. They are

astonished and horrified when their father announces his forthcoming marriage and leaves for the family villa on an island in Lake Orta in Italy. They hoped their united opposition would dissuade him, but he marries and then almost immediately drowns in the lake, despite being an excellent swimmer. They all rush to Italy to try to discover what happened and, at the very least, find his will and the last painting.

The mystery of what happened to their father hangs over the story. You could think of them as a band of detectives. The setting of a small Italian town and a crumbling villa during a heatwave is memorable and sets an unforgettable stage for the drama. The eventual revelation of the truths at the centre of all their lives threatens to rock instead of restore their world, shatter instead of cement their solidarity, and enables (or forces) a re-set of all they had accepted as truth. There is also the challenge of how to accommodate Bella Mae's presence. She was, after all, their father's wife.

How each of them, together and separately, navigate their lives and relationships is utterly neurotic and unrestrained. An extraordinary family dynamic is laid bare. Despite the singularity of the situation, you might recognize some of the ways that your own families communicate.

You may gain insight into the roles that we assume when we are young and do not often question. And the setting is so vividly described that you may feel as if you have visited Italy. A summer vacation is the perfect time to read this book.

(Contributed by Barbara B.)